

| Rang | Borstnr | Achternaam | Voornaam | Woonplaats | M/V | Categorie | Club | Tijd | km/u | min/km |
|------|---------|-----------------|-----------|----------------|-----|-----------|--------------------|-------|-------|--------|
| 1 | 553 | Cuypers | Brecht | Herselt | M1 | SEN | ROBA | 27:07 | 17,04 | 03:31 |
| 2 | 561 | Laureys | Kenneth | Hulshout | M2 | SEN | De Dorpspomp | 28:10 | 16,39 | 03:39 |
| 3 | 526 | De Rooy | Andy | Grobbendonk | M3 | MAS+40 | Coyote Sports Team | 29:07 | 15,86 | 03:46 |
| 4 | 523 | Wouters | Chris | Diest | M4 | MAS+45 | SQM RT | 29:50 | 15,48 | 03:52 |
| 5 | 540 | Van Bael | Danny | Messelbroek | M5 | MAS+45 | Kapsalon Luc | 30:24 | 15,20 | 03:56 |
| 6 | 550 | Lalou | Steve | Scherpenheuvel | M6 | SEN | | 30:46 | 15,01 | 03:59 |
| 7 | 582 | Decoster | Steven | Boutersem | M7 | MAS+45 | | 32:53 | 14,04 | 04:16 |
| 8 | 538 | Broos | Stijn | Rillaar | M8 | SEN | | 33:03 | 13,98 | 04:17 |
| 9 | 564 | Willems | Alex | Westerlo | M9 | MAS+55 | AC Westerlo | 33:29 | 13,80 | 04:20 |
| 10 | 503 | Hendrickx | Wim | Herent | M10 | MAS+40 | Kapsalon Luc | 33:46 | 13,68 | 04:23 |
| 11 | 541 | Rems | Geert | Tielt-Winge | M11 | MAS+50 | | 34:38 | 13,33 | 04:29 |
| 12 | 592 | Van Thienen | Siebe | Herselt | M12 | SEN | | 34:47 | 13,28 | 04:31 |
| 13 | 581 | Van Dyck | Jonas | Testelt | M13 | SEN | HO Testelt | 34:52 | 13,25 | 04:31 |
| 14 | 548 | Boonen | Wannes | Kasterlee | M14 | SEN | Jeetskenbeep | 35:08 | 13,15 | 04:33 |
| 15 | 558 | Pittevils | Luc | Testelt | M15 | MAS+65 | | 35:26 | 13,03 | 04:36 |
| 16 | 514 | Lemmens | Ton | Testelt | M16 | MAS+35 | | 35:38 | 12,96 | 04:37 |
| 17 | 501 | Sevenants | Patrick | Diest | M17 | MAS+55 | Kapsalon Luc | 35:44 | 12,93 | 04:38 |
| 18 | 579 | Delestinne | Steven | Holsbeek | M18 | SEN | | 35:49 | 12,90 | 04:39 |
| 19 | 571 | Delen | Yentl | Aarschot | M19 | SEN | Weefbergrunners | 35:53 | 12,87 | 04:39 |
| 20 | 576 | Macquoy | Pieter | Langdorp | M20 | SEN | | 35:55 | 12,86 | 04:39 |
| 21 | 554 | Gybels | Eddy | Begijnendijk | M21 | MAS+50 | | 36:09 | 12,78 | 04:41 |
| 22 | 547 | Corbeels | Noa | Aarschot | V1 | JUN | | 36:18 | 12,73 | 04:42 |
| 23 | 573 | Heylen | Cis | Westerlo | M22 | MAS+50 | ACHL | 36:20 | 12,71 | 04:43 |
| 24 | 520 | Torfs | Benny | Itegem | M23 | MAS+45 | Berglopers | 36:33 | 12,64 | 04:44 |
| 25 | 549 | Aerts | Tom | Tessenderlo | M24 | MAS+40 | | 36:49 | 12,55 | 04:46 |
| 26 | 574 | Beirsmans | Ivan | Westerlo | M25 | MAS+50 | | 36:57 | 12,50 | 04:48 |
| 27 | 562 | Raeymaekers | Chantal | Holsbeek | V2 | MAS+50 | Kapsalon Luc | 37:18 | 12,39 | 04:50 |
| 28 | 557 | Van De Gaer | Johan | Langdorp | M26 | MAS+55 | Oeverlopers | 37:47 | 12,23 | 04:54 |
| 29 | 504 | Wyns | Jos | Hallaar | M27 | MAS+65 | Berglopers | 37:52 | 12,20 | 04:55 |
| 30 | 551 | Van Os | Daniële | Bouwel | V3 | SEN | Sportiva Gelrode | 38:03 | 12,14 | 04:56 |
| 31 | 584 | Dewel | Steven | Rotselaar | M28 | SEN | | 38:26 | 12,02 | 04:59 |
| 32 | 536 | Van Oosterwijck | Ludo | Testelt | M29 | MAS+55 | Weefbergrunners | 38:30 | 12,00 | 05:00 |
| 33 | 529 | Van Dingenen | Robbe | Testelt | M30 | CAD | | 38:31 | 11,99 | 05:00 |
| 34 | 535 | Groenez | Luca | Testelt | M31 | MIN | HO Testelt | 38:32 | 11,99 | 05:00 |
| 35 | 583 | Vereycken | David | Westerlo | M32 | MAS+40 | | 38:39 | 11,95 | 05:01 |
| 36 | 544 | Eggers | René | Baal | M33 | MAS+60 | ROBA Recreanten | 38:55 | 11,87 | 05:03 |
| 37 | 567 | Kiesekoms | Yves | Rillaar | M34 | MAS+45 | | 39:31 | 11,69 | 05:07 |
| 38 | 531 | Van Dingenen | Jesse | Testelt | M35 | MIN | | 40:05 | 11,53 | 05:12 |
| 39 | 530 | De Bie | Yarno | Herselt | M36 | MIN | | 40:18 | 11,46 | 05:14 |
| 40 | 566 | Lenaerts | Luc | Eindhout | M37 | MAS+55 | | 40:33 | 11,39 | 05:16 |
| 41 | 593 | Verluyten | Vera | Tessenderlo | V4 | MAS+50 | | 40:48 | 11,32 | 05:17 |
| 42 | 559 | 's Jongers | Kurt | Houtvenne | M38 | MAS+45 | | 41:11 | 11,21 | 05:21 |
| 43 | 502 | Bergen | Lander | Testelt | M39 | BEN | HO Testelt | 41:18 | 11,19 | 05:21 |
| 44 | 528 | Bellings | Christoph | Okselaar | M40 | MAS+35 | | 41:19 | 11,18 | 05:21 |
| 45 | 585 | Voets | Kim | Langdorp | V5 | SEN | | 41:24 | 11,16 | 05:22 |
| 46 | 506 | Heylen | Georges | Scherpenheuvel | M41 | MAS+55 | | 41:26 | 11,15 | 05:22 |
| 47 | 527 | Schoofs | Thierry | Averbode | M42 | MAS+35 | | 41:41 | 11,08 | 05:24 |
| 48 | 575 | Vekemans | Ellen | Booischot | V6 | MAS+35 | | 42:18 | 10,92 | 05:29 |
| 49 | 516 | Goossens | Samme | Averbode | M43 | MIN | Ho Testelt | 42:25 | 10,89 | 05:30 |
| 50 | 586 | Weckhuysen | Ward | Herselt | M44 | SEN | Ketierspel | 42:35 | 10,85 | 05:31 |
| 51 | 511 | Schildermans | Ivo | Okselaar | M45 | MAS+50 | | 42:54 | 10,77 | 05:34 |
| 52 | 537 | Bergen | Nicole | Messelbroek | V7 | MAS+50 | Kapsalon Luc | 43:43 | 10,56 | 05:40 |
| 53 | 546 | Vermaelen | Willy | Holsbeek | M46 | MAS+65 | Kapsalon Luc | 43:45 | 10,56 | 05:40 |

| Rang | Borstnr | Achternaam | Voornaam | Woonplaats | M/V | Categorie | Club | Tijd | km/u | min/km |
|------|---------|-----------------|----------|----------------|-----|-----------|-----------------|-------|-------|--------|
| 54 | 542 | Boonen | Ilse | Messelbroek | V8 | MAS+35 | | 43:50 | 10,54 | 05:41 |
| 55 | 533 | Vanhove | Bert | Keerbergen | M47 | MAS+55 | Geshaalopers | 43:52 | 10,53 | 05:41 |
| 56 | 587 | Brion | Peter | Averbode | M48 | MAS+45 | | 43:57 | 10,51 | 05:42 |
| 57 | 505 | Buvens | Rutger | Averbode | M49 | MAS+45 | | 43:59 | 10,50 | 05:42 |
| 58 | 519 | Bertels | Bart | Averbode | M50 | MAS+45 | | 44:01 | 10,49 | 05:43 |
| 59 | 509 | Severi | Toon | | M51 | MAS+35 | HO Testelt | 44:09 | 10,46 | 05:44 |
| 60 | 552 | Peek | Simon | Averbode | M52 | MIN | HO Testelt | 44:11 | 10,45 | 05:44 |
| 61 | 515 | Peeters | Ward | Averbode | M53 | MIN | | 44:25 | 10,40 | 05:46 |
| 62 | 556 | Claes | Bart | Testelt | M54 | MAS+40 | | 44:39 | 10,35 | 05:47 |
| 63 | 534 | Pelgrims | Niels | Testelt | M55 | MIN | | 44:59 | 10,27 | 05:50 |
| 64 | 577 | Haepers | Jan | Herselt | M56 | MAS+55 | | 45:46 | 10,09 | 05:56 |
| 65 | 512 | Heremans | Miet | Booischot | V9 | MAS+40 | Berglopers | 45:49 | 10,08 | 05:57 |
| 66 | 572 | Eijckmans | Eric | Laakdal | M57 | MAS+55 | | 46:02 | 10,04 | 05:58 |
| 67 | 569 | Clymans | Mia | Vosselaar | V10 | MAS+50 | | 46:11 | 10,00 | 05:59 |
| 68 | 570 | Goris | Marc | Vosselaar | M58 | MAS+50 | ACB | 46:11 | 10,00 | 05:59 |
| 69 | 565 | Thiels | Katrien | Bekkevoort | V11 | MAS+40 | AVZK | 46:14 | 9,99 | 06:00 |
| 70 | 513 | Bondorev | Gregory | Scherpenheuvel | M59 | MIN | HO Testelt | 46:19 | 9,97 | 06:00 |
| 71 | 522 | Van Herck | Reppert | Testelt | M60 | MIN | HO Testelt | 46:19 | 9,97 | 06:01 |
| 72 | 580 | De Clercq | Kevin | Binkom | M61 | SEN | VK Holsbeek | 46:39 | 9,90 | 06:03 |
| 73 | 568 | Jacobs | Jens | Testelt | M62 | MIN | HOT | 46:42 | 9,89 | 06:03 |
| 74 | 539 | Bellinkx | Joeri | Testelt | M63 | MAS+40 | | 46:45 | 9,88 | 06:04 |
| 75 | 532 | De Wachter | Carine | Keerbergen | V12 | MAS+55 | Geshaa | 46:55 | 9,85 | 06:05 |
| 76 | 545 | Van Vlasselaer | Ingrid | Baal | V13 | MAS+50 | ROBA Recreanten | 46:56 | 9,84 | 06:05 |
| 77 | 590 | Pauli | Gunter | Betekom | M64 | MAS+45 | ROBA Recreanten | 46:59 | 9,83 | 06:06 |
| 78 | 563 | Saenen | Kris | Testelt | M65 | MAS+40 | | 47:00 | 9,83 | 06:06 |
| 79 | 524 | Vangoidsenhoven | Matteo | Averbode | M66 | PUP | | 47:24 | 9,74 | 06:09 |
| 80 | 578 | Van Otten | Peggy | Ramsel | V14 | MAS+45 | | 47:31 | 9,72 | 06:10 |
| 81 | 525 | Van Hirtum | Peggy | Averbode | V15 | MAS+40 | | 47:33 | 9,72 | 06:10 |
| 82 | 543 | Triau | Marijke | Messelbroek | V16 | SEN | | 47:36 | 9,70 | 06:10 |
| 83 | 517 | Goossens | Tiemen | Averbode | M67 | MIN | HO Testelt | 48:40 | 9,49 | 06:19 |
| 84 | 521 | Garcia Escudero | Angela | Brussel | V17 | MAS+40 | Kuristo | 49:05 | 9,41 | 06:22 |
| 85 | 555 | Verherstraeten | Raf | Herselt | M68 | MAS+55 | De Dorpspomp | 49:44 | 9,29 | 06:27 |
| 86 | 560 | Gijsemans | Michel | Heist o/d Berg | M69 | MAS+60 | Dorpspomp | 49:46 | 9,28 | 06:27 |
| 87 | 508 | Depestele | Lies | Testelt | V18 | MAS+40 | | 50:10 | 9,21 | 06:30 |
| 88 | 591 | Schepers | Geert | Booischot | M70 | MAS+45 | Berglopers | 50:14 | 9,19 | 06:31 |
| 89 | 510 | Verbist | Ann | Testelt | V19 | MAS+40 | | 52:46 | 8,76 | 06:51 |
| 90 | 588 | Frederickx | Kirsten | Averbode | V20 | SEN | | 59:52 | 7,72 | 07:46 |
| 91 | 589 | Frederickx | Ken | Averbode | M71 | SEN | | 59:53 | 7,71 | 07:46 |