

| Rang | Borstnr | Achternaam | Voornaam | Woonplaats | M/V | Categorie | Club | Tijd | km/u | min/km |
|------|---------|-----------------|-------------|--------------------|-----|-----------|--------------------|-------|-------|--------|
| 1 | 56 | De Graef | Yvan | Mechelen | M1 | MAS+35 | | 13:24 | 16,56 | 03:37 |
| 2 | 73 | Verherstraeten | Rick | Herselt | M2 | SEN | De Dorpspomp | 13:30 | 16,43 | 03:39 |
| 3 | 50 | De Rooy | Andy | Grobbendonk | M3 | MAS+45 | Coyote Sports Team | 13:52 | 16,00 | 03:44 |
| 4 | 66 | Cools | Stefaan | Meerhout | M4 | MAS+50 | VABCO Mol | 14:10 | 15,67 | 03:49 |
| 5 | 80 | Van Poucke | Christophe | Lummen | M5 | MAS+40 | AC Alken | 14:12 | 15,63 | 03:50 |
| 6 | 33 | Beerten | Koen | Olen | M6 | SEN | | 14:19 | 15,49 | 03:52 |
| 7 | 52 | Saenen | Diëgo | Scherpenheuvel | M7 | SEN | | 14:52 | 14,92 | 04:01 |
| 8 | 65 | Huysmans | Davy | Geel | M8 | MAS+40 | | 15:09 | 14,64 | 04:05 |
| 9 | 45 | Lievens | Kristof | Westerlo | M9 | SEN | Umicore | 15:35 | 14,24 | 04:12 |
| 10 | 54 | Goossens | Andy | Herentals | M10 | MAS+35 | | 15:53 | 13,97 | 04:17 |
| 11 | 70 | Huygh | Jens | Ternat | M11 | SEN | DAC | 16:32 | 13,42 | 04:28 |
| 12 | 62 | T'Syen | Ward | Olen | M12 | CAD | | 16:39 | 13,33 | 04:30 |
| 13 | 35 | Ruelens | Peter | Geel | M13 | MAS+55 | JMT | 17:04 | 13,01 | 04:36 |
| 14 | 32 | Vermaelen | Wendy | Holsbeek | V1 | MAS+40 | Kapsalon Luc | 17:06 | 12,97 | 04:37 |
| 15 | 39 | Philippen | Jessy | Lille | V2 | MAS+35 | Coyote Sports Team | 17:28 | 12,70 | 04:43 |
| 16 | 75 | Verherstraeten | Nick | Averbode | M14 | SEN | De Dorpspomp | 17:37 | 12,59 | 04:45 |
| 17 | 51 | Vanardennen | Jarne | Lummen | M15 | SEN | | 17:57 | 12,36 | 04:51 |
| 18 | 86 | Goris | Marc | Vosselaar | M16 | MAS+55 | LGB | 18:12 | 12,19 | 04:55 |
| 19 | 55 | Convens | Griet | Meerhout | V3 | MAS+45 | | 18:26 | 12,04 | 04:59 |
| 20 | 6 | Cambré | Sandra | Herentals | V4 | MAS+45 | Coyote Sports Team | 18:27 | 12,03 | 04:59 |
| 21 | 88 | Van den Heuvel | Sven | Ramsel | M17 | MAS+35 | | 18:39 | 11,90 | 05:02 |
| 22 | 57 | Van Rompaey | Andre | Betekom | M18 | MAS+60 | Kapsalon Luc | 19:16 | 11,51 | 05:12 |
| 23 | 68 | Goovaerts | Stella | Ramsel | V5 | MAS+40 | Berglopers | 19:33 | 11,35 | 05:17 |
| 24 | 40 | Verboven | Sander | Olen | M19 | SEN | JH kapao | 19:35 | 11,33 | 05:17 |
| 25 | 81 | Verstappen | Joannes | Olen | M20 | MAS+60 | | 20:03 | 11,07 | 05:25 |
| 26 | 19 | Wuytack | Jean Pierre | Olen | M21 | MAS+60 | | 20:04 | 11,06 | 05:25 |
| 27 | 69 | Op de Beeck | Stijn | Ramsel | M22 | MAS+40 | Berglopers | 20:06 | 11,04 | 05:26 |
| 28 | 67 | Van Naelten | Tine | Noorderwijk | V6 | MAS+35 | | 20:31 | 10,82 | 05:32 |
| 29 | 3 | Cyffers | Hanne | Olen | V7 | SEN | | 20:37 | 10,77 | 05:34 |
| 30 | 85 | Clymans | Mia | Vosselaar | V8 | MAS+50 | LGB | 20:40 | 10,73 | 05:35 |
| 31 | 77 | Janssens | Evelien | Diest | V9 | SEN | Coyote Sportsteam | 20:43 | 10,71 | 05:36 |
| 32 | 44 | Jamin | Michel | | M23 | MAS+50 | Umicore | 21:04 | 10,53 | 05:41 |
| 33 | 21 | Finistauri | Francesco | Mol | M24 | MAS+45 | | 22:05 | 10,05 | 05:58 |
| 34 | 59 | Claes | Stefan | Olen | M25 | MAS+40 | | 22:15 | 9,97 | 06:00 |
| 35 | 5 | Vanopstal | Lien | Olen | V10 | CAD | | 22:35 | 9,83 | 06:06 |
| 36 | 49 | Peeters | Tinne | Olen | V11 | SEN | | 22:47 | 9,74 | 06:09 |
| 37 | 82 | Geysen | Annick | Lille | V12 | MAS+55 | ALV | 22:49 | 9,73 | 06:10 |
| 38 | 31 | Schauwaers | Kirsten | Westerlo | V13 | MAS+35 | | 22:51 | 9,71 | 06:10 |
| 39 | 26 | Silda | Elisabeth | Olen | V14 | SEN | | 23:01 | 9,64 | 06:13 |
| 40 | 74 | Verherstraeten | Raffy | Herselt | M26 | MAS+55 | De Dorpspomp | 23:16 | 9,54 | 06:17 |
| 41 | 87 | Gijsemans | Michel | Heist o/d Berg | M27 | MAS+60 | Dorpspomp | 23:17 | 9,53 | 06:17 |
| 42 | 30 | Van Lier | Stefan | Tremelo | M28 | MAS+60 | | 23:28 | 9,46 | 06:20 |
| 43 | 78 | Buyens | Bjorn | Oevel | M29 | MAS+35 | | 23:31 | 9,44 | 06:21 |
| 44 | 76 | Kenes | Katia | Herselt | V15 | MAS+35 | | 23:53 | 9,30 | 06:27 |
| 45 | 47 | Gielens | Inne | Olen | V16 | MAS+40 | | 23:58 | 9,26 | 06:28 |
| 46 | 8 | Marien | Zoe | Sint-Job-in-t-Goor | V17 | CAD | | 23:59 | 9,25 | 06:29 |
| 47 | 409 | Wassink | Lucinda | Olen | V18 | MAS+50 | | 23:59 | 9,25 | 06:29 |
| 48 | 60 | Van Orshaegen | Nicole | Olen | V19 | MAS+60 | Berglopers | 24:15 | 9,15 | 06:33 |
| 49 | 27 | Gielis | Ellen | Westerlo | V20 | MAS+35 | Berglopers | 24:56 | 8,90 | 06:44 |
| 50 | 1038 | Van Vaerenbergh | Kim | | V21 | MAS+35 | | 25:39 | 8,65 | 06:56 |
| 51 | 1037 | Goemans | Mitch | Noorderwijk | M30 | SEN | | 25:40 | 8,65 | 06:56 |
| 52 | 9 | Robijns | Bruno | Kapellen | M31 | MAS+65 | | 25:44 | 8,63 | 06:57 |
| 53 | 79 | Hoydonckx | Annelies | Olen | V22 | MAS+35 | | 26:40 | 8,32 | 07:12 |

| Rang | Borstnr | Achternaam | Voornaam | Woonplaats | M/V | Categorie | Club | Tijd | km/u | min/km |
|------|---------|---------------|----------|--------------|-----|-----------|-----------------|-------|------|--------|
| 54 | 22 | Meeus | Annemie | Westmeerbeek | V23 | SEN | | 26:44 | 8,30 | 07:13 |
| 55 | 46 | Van Loy | Sally | Olen | V24 | MAS+40 | TC Olen | 26:48 | 8,28 | 07:14 |
| 56 | 83 | Eyckmans | Lore | Herselt | V25 | MIN | | 26:50 | 8,27 | 07:15 |
| 57 | 84 | De Vriend | Evi | Herselt | V26 | MAS+35 | | 26:51 | 8,27 | 07:15 |
| 58 | 71 | Peetermans | Hanne | Deurne | V27 | SEN | | 26:53 | 8,26 | 07:16 |
| 59 | 72 | Laenen | Matthias | Laakdal | M32 | SEN | | 26:54 | 8,25 | 07:16 |
| 60 | 90 | Verschueren | Jelte | Olen | M33 | CAD | ZVC Den Boskant | 27:16 | 8,14 | 07:22 |
| 61 | 89 | Verschueren | Gerry | Olen | M34 | MAS+40 | ZVC Den Boskant | 27:18 | 8,13 | 07:22 |
| 62 | 11 | Van Kerkhoven | Tuur | Herentals | M35 | CAD | | 27:20 | 8,12 | 07:23 |
| 63 | 2 | Toelen | Elsbeth | Olen | V28 | MAS+35 | | 27:23 | 8,10 | 07:24 |
| 64 | 1 | Van Bylen | Liesbeth | Oevel | V29 | MAS+35 | | 27:24 | 8,10 | 07:24 |
| 65 | 12 | Van Kerkhoven | Amilie | Herentals | V30 | SCH | | 27:38 | 8,03 | 07:28 |
| 66 | 43 | Van Nijen | Nicky | Olen | V31 | MAS+45 | | 27:41 | 8,02 | 07:29 |
| 67 | 7 | Geboes | Suzanne | Olen | V32 | MAS+55 | | 27:59 | 7,93 | 07:33 |
| 68 | 37 | Jans | Lisette | Westerlo | V33 | MAS+70 | Tongerlopers | 28:12 | 7,87 | 07:37 |
| 69 | 28 | Zwakhalen | Sandra | Geel | V34 | MAS+45 | | 28:15 | 7,86 | 07:38 |
| 70 | 16 | Goor | Lore | Herenthout | V35 | MIN | | 28:25 | 7,81 | 07:40 |
| 71 | 18 | Bakelants | Chris | Olen | V36 | MAS+60 | | 28:26 | 7,80 | 07:41 |
| 72 | 42 | Van de Putte | Jef | Olen | M36 | MAS+60 | | 28:27 | 7,80 | 07:41 |
| 73 | 64 | Holemans | Paul | Wezemaal | M37 | MAS+70 | Kapsalon Luc | 28:31 | 7,78 | 07:42 |
| 74 | 10 | Van Kerkhoven | Paul | Herentals | M38 | MAS+40 | | 28:32 | 7,78 | 07:42 |
| 75 | 13 | Heyselberghs | Katrien | Westerlo | V37 | MAS+45 | | 28:33 | 7,77 | 07:43 |
| 76 | 61 | Aerts | Tanja | Olen | V38 | MAS+45 | | 29:14 | 7,59 | 07:54 |
| 77 | 36 | Heylen | Jos | Westerlo | M39 | MAS+70 | Tongerlopers | 30:00 | 7,40 | 08:06 |
| 78 | 63 | Pauwels | Yana | Olen | V39 | SCH | | 30:25 | 7,30 | 08:13 |
| 79 | 58 | Van Herck | Imani | Olen | V40 | PUP | | 30:27 | 7,29 | 08:13 |
| 80 | 562 | Sweeck | Anita | Westerlo | M40 | MAS+55 | | 34:07 | 6,51 | 09:13 |
| 81 | 48 | Fahimi | Monireh | Geel | V41 | MAS+50 | | 34:17 | 6,47 | 09:16 |
| 82 | 25 | Silda | Annalien | Olen | V42 | SEN | | 42:15 | 5,25 | 11:25 |
| 83 | 38 | Goossens | Jobbe | Olen | M41 | SEN | | 42:17 | 5,25 | 11:25 |