

| Rang | Borstnr | Achternaam | Voornaam | Woonplaats | M/V | Categorie | Club | Tijd | km/u | min/km |
|------|---------|-----------------|------------|--------------|-----|-----------|--------------------|----------|-------|--------|
| 1 | 607 | De Cuyper | Warre | Herentals | M1 | SEN | Maes SQM RT | 46:08 | 17,69 | 03:23 |
| 2 | 605 | Berben | Pieter | Oudsbergen | M2 | MAS+35 | Maes SQM RT | 46:40 | 17,48 | 03:25 |
| 3 | 532 | Francart | Wouter | Outgaarden | M3 | SEN | RCT | 46:45 | 17,45 | 03:26 |
| 4 | 606 | Heemskerk | Steven | Genk | M4 | MAS+40 | Maes SQM RT | 47:08 | 17,31 | 03:27 |
| 5 | 600 | Wouters | Chris | Diest | M5 | MAS+50 | MAES SQM RT | 47:38 | 17,13 | 03:30 |
| 6 | 603 | Van Marcke | Pascal | Alken | M6 | MAS+50 | Maes SQM RT | 48:00 | 17,00 | 03:31 |
| 7 | 657 | Nardozza | Vincent | Lanaken | M7 | MAS+40 | | 48:43 | 16,75 | 03:34 |
| 8 | 560 | Peter | Willy | Bilzen | M8 | MAS+40 | Atla | 48:45 | 16,73 | 03:35 |
| 9 | 611 | Vrijzen | Bart | Linkhout | M9 | MAS+35 | DCLA-Halen | 48:47 | 16,72 | 03:35 |
| 10 | 567 | Vandebrouck | Geoffrey | Guigoven | M10 | MAS+35 | | 49:02 | 16,64 | 03:36 |
| 11 | 637 | Widart | Gauthier | Borgloon | M11 | JUN | ADD Kortesseem | 49:05 | 16,62 | 03:36 |
| 12 | 656 | Neven | Koen | Riemst | M12 | MAS+40 | ADD | 49:08 | 16,60 | 03:36 |
| 13 | 661 | Draumpouras | Dimitri | Spalbeek | M13 | MAS+40 | VOR bikes | 49:39 | 16,43 | 03:39 |
| 14 | 601 | Vanden berk | Hendrik | Lommel | M14 | SEN | MAES SQM RT | 50:50 | 16,05 | 03:44 |
| 15 | 642 | De Roover | Willem | Berbroek | M15 | MAS+35 | Runners Kortesseem | 50:58 | 16,01 | 03:44 |
| 16 | 553 | Scheldeman | Willem | Wintershoven | M16 | SEN | ADD | 51:22 | 15,88 | 03:46 |
| 17 | 633 | Vossius | Peter | Wellen | M17 | MAS+40 | Roadrunners | 51:30 | 15,84 | 03:47 |
| 18 | 650 | Hellemans | Leentje | Hoeselt | V1 | MAS+35 | Hoeselt Run / ADA | 51:31 | 15,84 | 03:47 |
| 19 | 531 | Francart | Joeri | Tienen | M18 | MAS+45 | RCT | 51:55 | 15,71 | 03:49 |
| 20 | 602 | Vanden Bempt | Hans | Boutersem | M19 | MAS+40 | Maes SQM RT | 52:34 | 15,52 | 03:51 |
| 21 | 589 | Croes | Jo | Sint-Truiden | M20 | MAS+35 | Tact | 52:50 | 15,44 | 03:53 |
| 22 | 579 | Claessens | Willem | Hoeselt | M21 | SEN | | 53:36 | 15,22 | 03:56 |
| 23 | 653 | Willems | Dirk | Herk-de-Stad | M22 | MAS+55 | TACT St.-Truiden | 54:16 | 15,04 | 03:59 |
| 24 | 623 | Noelmans | Bram | Tongeren | M23 | MAS+35 | | 54:55 | 14,86 | 04:02 |
| 25 | 604 | Santermans | Peter | Stevoort | M24 | MAS+40 | | 55:02 | 14,83 | 04:02 |
| 26 | 565 | Hiemeleers | Marc | Stevoort | M25 | MAS+60 | Aca Alken | 55:11 | 14,78 | 04:03 |
| 27 | 592 | Motmans | Rob | | M26 | MAS+35 | | 55:14 | 14,77 | 04:03 |
| 28 | 528 | Steenput | Joris | Herk-de-Stad | M27 | MAS+55 | DCLA Halen | 55:52 | 14,61 | 04:06 |
| 29 | 664 | Philippeth | Jeroen | Tongeren | M28 | MAS+40 | | 56:19 | 14,49 | 04:08 |
| 30 | 505 | Brouwers | Joris | Kortesseem | M29 | MAS+35 | | 56:19 | 14,49 | 04:08 |
| 31 | 576 | Boesmans | Marc | Genk | M30 | MAS+55 | | 57:18 | 14,24 | 04:12 |
| 32 | 504 | Vandersmissen | Jolien | Paal | V2 | SEN | DCLA-Halen | 57:55 | 14,09 | 04:15 |
| 33 | 540 | Werckx | Ludo | Herk-de-Stad | M31 | MAS+60 | ACA | 58:22 | 13,98 | 04:17 |
| 34 | 594 | Neven | Rudi | Wellen | M32 | MAS+55 | ACA | 58:34 | 13,93 | 04:18 |
| 35 | 512 | Stijnen | David | Hasselt | M33 | MAS+45 | ACA | 58:39 | 13,91 | 04:18 |
| 36 | 566 | Krieken | Jan | Tongeren | M34 | MAS+35 | | 58:44 | 13,89 | 04:19 |
| 37 | 652 | Saenen | Bart | Diepenbeek | M35 | MAS+40 | | 58:52 | 13,86 | 04:19 |
| 38 | 595 | Hendricx | Jeroen | Sint-Truiden | M36 | MAS+35 | | 58:53 | 13,85 | 04:19 |
| 39 | 630 | Jans | Bart | Hasselt | M37 | MAS+50 | Early Birds | 58:55 | 13,85 | 04:19 |
| 40 | 581 | Motten | James | Tongeren | M38 | MAS+35 | BOLT | 59:16 | 13,77 | 04:21 |
| 41 | 582 | Jackers | Dominic | Kortesseem | M39 | MAS+50 | | 59:32 | 13,70 | 04:22 |
| 42 | 635 | Koninckx | Brecht | Wellen | M40 | SEN | Fellejossen | 59:34 | 13,70 | 04:22 |
| 43 | 536 | Vandermaesen | Ivo | Schaffen | M41 | MAS+60 | DCLA-Halen | 59:42 | 13,67 | 04:23 |
| 44 | 608 | Driesen | Jet | Alken | V3 | SEN | Maes SQM RT | 59:51 | 13,63 | 04:24 |
| 45 | 647 | Driesen | Dimitr | Alken | M42 | MAS+50 | ACA Alken | 59:51 | 13,63 | 04:24 |
| 46 | 539 | Steegmans | Stefan | Wellen | M43 | MAS+45 | BokkerijdersTeam | 59:52 | 13,63 | 04:24 |
| 47 | 574 | Vandecaetsbeek | Melvin | Bilzen | M44 | SEN | | 59:54 | 13,62 | 04:24 |
| 48 | 569 | Luts | Daniël | Engsbergen | M45 | MAS+65 | DCLA-Halen | 01:00:22 | 13,51 | 04:26 |
| 49 | 590 | Vandeweyer | Freddy | Kortesseem | M46 | MAS+60 | | 01:00:30 | 13,49 | 04:26 |
| 50 | 538 | Schroven | Hilde | Ham | V4 | MAS+45 | GS Running Team | 01:00:32 | 13,48 | 04:27 |
| 51 | 636 | Van Langendonck | Tom | Kortesseem | M47 | SEN | | 01:00:51 | 13,41 | 04:28 |
| 52 | 507 | Royen | Sanny | Tongeren | M48 | SEN | | 01:00:59 | 13,38 | 04:29 |
| 53 | 548 | Voncken | Christophe | Vliermaal | M49 | MAS+50 | | 01:01:05 | 13,36 | 04:29 |

| Rang | Borstnr | Achternaam | Voornaam | Woonplaats | M/V | Categorie | Club | Tijd | km/u | min/km |
|------|---------|----------------|-------------|---------------|-----|-----------|---------------------|----------|-------|--------|
| 54 | 596 | Isaac | Dirk | Aachen | M50 | MAS+50 | Aachener TG | 01:01:06 | 13,35 | 04:29 |
| 55 | 527 | Wintolders | Geert | Wellen | M51 | MAS+35 | GS Running Team | 01:01:19 | 13,30 | 04:30 |
| 56 | 643 | Van Slycke | Sarah | Budingen | V5 | MAS+40 | DCLA-Halen | 01:01:40 | 13,23 | 04:32 |
| 57 | 587 | Wauters | Gert | Kortesseem | M52 | MAS+40 | | 01:01:44 | 13,22 | 04:32 |
| 58 | 609 | Vanherle | Larissa | Riemst | V6 | MAS+40 | ADD Tongeren | 01:02:00 | 13,16 | 04:33 |
| 59 | 617 | Neven | Piet | Riemst | M53 | MAS+65 | ADD Tongeren | 01:02:00 | 13,16 | 04:33 |
| 60 | 551 | Tack | Sven | Tongeren | M54 | MAS+40 | ADD | 01:02:01 | 13,16 | 04:33 |
| 61 | 555 | Luypaert | Geert | Kortesseem | M55 | MAS+50 | | 01:02:19 | 13,09 | 04:34 |
| 62 | 530 | Tack | Jeroen | Tongeren | M56 | SEN | Bolt | 01:02:28 | 13,06 | 04:35 |
| 63 | 524 | Delwiche | Heidi | Borgloon | V7 | MAS+45 | ADD Runners | 01:03:01 | 12,95 | 04:38 |
| 64 | 639 | Vanaken | Patrick | Diepenbeek | M57 | MAS+60 | Gems Joggers | 01:03:21 | 12,88 | 04:39 |
| 65 | 541 | Wouters | Sofie | Tongeren | V8 | MAS+35 | | 01:03:26 | 12,86 | 04:39 |
| 66 | 585 | Fernandez | Angel | Vechmaal | M58 | MAS+50 | | 01:03:27 | 12,86 | 04:39 |
| 67 | 543 | Jorissen | Tim | Tongeren | M59 | MAS+40 | ZLTC | 01:03:28 | 12,86 | 04:40 |
| 68 | 513 | Hoogeboom | Ronald | Havert | M60 | MAS+50 | STB | 01:03:34 | 12,83 | 04:40 |
| 69 | 651 | Royen | Stijn | Kortesseem | M61 | SEN | | 01:03:39 | 12,82 | 04:40 |
| 70 | 501 | Vandooren | JM | Vliermaalroot | M62 | MAS+45 | | 01:03:44 | 12,80 | 04:41 |
| 71 | 584 | Leroy | Fabienne | Vechmaal | V9 | MAS+45 | | 01:04:01 | 12,75 | 04:42 |
| 72 | 629 | Di Cairano | Steven | Alken | M63 | MAS+35 | | 01:04:10 | 12,72 | 04:43 |
| 73 | 615 | Lenaers | Gert | Alken | M64 | MAS+50 | ACA | 01:04:26 | 12,66 | 04:44 |
| 74 | 624 | Jans | Jo | Wellen | M65 | MAS+45 | Bokkenrijdersteam | 01:04:53 | 12,57 | 04:46 |
| 75 | 542 | Bruninx | Valérie | Tongeren | V10 | MAS+35 | ZLTC | 01:05:05 | 12,54 | 04:47 |
| 76 | 568 | Umans | Marcel | Lanaken | M66 | MAS+60 | | 01:05:53 | 12,38 | 04:50 |
| 77 | 649 | Baus | Carlo | Wellen | M67 | MAS+45 | Bokkerijdersteam | 01:05:58 | 12,37 | 04:51 |
| 78 | 550 | Janssens | Hilde | Guigoven | V11 | MAS+35 | Hoeselt Run | 01:06:04 | 12,35 | 04:51 |
| 79 | 556 | Vankrunkelsven | Christel | Hechtel | V12 | MAS+50 | | 01:06:14 | 12,32 | 04:52 |
| 80 | 577 | Moermans | Wim | Vliermaal | M68 | MAS+35 | PB Cycling Team | 01:06:17 | 12,31 | 04:52 |
| 81 | 591 | Huybrechts | Stefaan | Bilzen | M69 | MAS+50 | ACA | 01:06:21 | 12,30 | 04:52 |
| 82 | 599 | Holans | Kenneth | Vechmaal | M70 | SEN | BOLT | 01:06:25 | 12,29 | 04:53 |
| 83 | 654 | Noben | Annelies | Hoepertingen | V13 | SEN | | 01:06:43 | 12,23 | 04:54 |
| 84 | 641 | Ruytinx | Pieter | Duras | M71 | SEN | TACT | 01:06:44 | 12,23 | 04:54 |
| 85 | 660 | Vaesens | Bart | Borgloon | M72 | MAS+50 | | 01:07:14 | 12,13 | 04:56 |
| 86 | 533 | Govaerts | Kris | Sint-Truiden | M73 | MAS+65 | ACA | 01:07:57 | 12,01 | 04:59 |
| 87 | 529 | Smets | Frank | Heks | M74 | MAS+40 | | 01:08:09 | 11,97 | 05:00 |
| 88 | 537 | Adriaens | Lefti | | M75 | MAS+40 | | 01:08:16 | 11,95 | 05:01 |
| 89 | 570 | Vandebroeck | Stefan | Kortesseem | M76 | MAS+45 | | 01:08:24 | 11,93 | 05:01 |
| 90 | 523 | Kwanten | Sam | Kortesseem | M77 | MAS+35 | | 01:08:36 | 11,89 | 05:02 |
| 91 | 521 | Vankrunkelsven | Leen | Eksel | V14 | MAS+55 | | 01:08:44 | 11,87 | 05:03 |
| 92 | 618 | Gacoms | Annekatrien | Tongeren | V15 | MAS+40 | | 01:08:55 | 11,84 | 05:04 |
| 93 | 515 | Smeets | Ronald | Brunssum | M78 | MAS+50 | | 01:09:15 | 11,78 | 05:05 |
| 94 | 628 | Mechelmans | Tamara | Tongeren | V16 | MAS+35 | | 01:09:26 | 11,75 | 05:06 |
| 95 | 552 | Lambrechts | Kristel | Borgloon | V17 | MAS+40 | | 01:09:58 | 11,66 | 05:08 |
| 96 | 578 | Croes | Karel | Sint-Truiden | M79 | MAS+65 | TACT | 01:10:05 | 11,64 | 05:09 |
| 97 | 561 | Muermans | Mieke | Kortesseem | V18 | MAS+40 | Lok best Kortesseem | 01:10:19 | 11,60 | 05:10 |
| 98 | 631 | Borgerhoff | Jonas | Tongeren | M80 | SEN | | 01:10:20 | 11,60 | 05:10 |
| 99 | 659 | Bauduin | Ilanthe | Riemst | V19 | SEN | BRS Running Team | 01:10:24 | 11,59 | 05:10 |
| 100 | 534 | Van Zand | Maja | Sint-Truiden | V20 | MAS+65 | ACA | 01:10:35 | 11,56 | 05:11 |
| 101 | 598 | Loix | Johnny | Nieuwerkerken | M81 | MAS+55 | | 01:10:38 | 11,55 | 05:11 |
| 102 | 518 | Calders | Rudy | Aarschot | M82 | MAS+55 | | 01:10:43 | 11,54 | 05:11 |
| 103 | 634 | Ruymen | Jo | Sint-Truiden | M83 | MAS+35 | | 01:11:16 | 11,45 | 05:14 |
| 104 | 519 | Cnuts | Pieter | Vliermaal | M84 | SEN | | 01:11:20 | 11,44 | 05:14 |
| 105 | 632 | Vanelderen | Romy | Vliermaal | V21 | SEN | | 01:11:25 | 11,42 | 05:15 |
| 106 | 663 | Brepoels | Lennerth | Kortesseem | M85 | SEN | | 01:11:27 | 11,42 | 05:15 |

| Rang | Borstnr | Achternaam | Voornaam | Woonplaats | M/V | Categorie | Club | Tijd | km/u | min/km |
|------|---------|------------------|-------------|---------------|------|-----------|----------------------|----------|-------|--------|
| 107 | 517 | Op de Beeck | Erwin | Vliermaal | M86 | MAS+35 | Hoeselt Run | 01:11:47 | 11,37 | 05:16 |
| 108 | 638 | Renaers | Pieter | Borgloon | M87 | SEN | | 01:11:53 | 11,35 | 05:17 |
| 109 | 619 | Cuyvers | Jan | Bilzen | M88 | MAS+55 | | 01:12:05 | 11,32 | 05:18 |
| 110 | 620 | Wijnen | Jean-Pierre | Bilzen | M89 | MAS+60 | | 01:12:06 | 11,32 | 05:18 |
| 111 | 621 | Withofs | Jan | Bilzen | M90 | MAS+50 | | 01:12:08 | 11,31 | 05:18 |
| 112 | 588 | Zwerts | Danny | Alken | M91 | MAS+60 | ACA | 01:12:17 | 11,29 | 05:18 |
| 113 | 558 | Thijssen | Luc | Bilzen | M92 | MAS+55 | | 01:12:27 | 11,26 | 05:19 |
| 114 | 597 | Mercurio | Fabio | Genk | M93 | MAS+55 | | 01:12:49 | 11,20 | 05:21 |
| 115 | 506 | Keimes | Liesbet | Borgloon | V22 | MAS+40 | GS Running Team | 01:12:58 | 11,18 | 05:21 |
| 116 | 509 | Houbregs | Eveline | Zonhoven | V23 | MAS+35 | | 01:13:16 | 11,14 | 05:23 |
| 117 | 622 | Naudts | Tiny | Tongeren | V24 | MAS+35 | | 01:13:18 | 11,13 | 05:23 |
| 118 | 593 | Stassen | Gunther | Sint-Truiden | M94 | MAS+35 | | 01:13:22 | 11,12 | 05:23 |
| 119 | 616 | Vansweevelt | Luc | Sint-Truiden | M95 | MAS+40 | Burchtlopers Brustem | 01:13:23 | 11,12 | 05:23 |
| 120 | 586 | Smolders | Mario | Sint-Truiden | M96 | MAS+45 | Speelhofrunners | 01:13:24 | 11,12 | 05:23 |
| 121 | 514 | Polders | Jos | Herk-de-Stad | M97 | MAS+65 | ACA | 01:13:27 | 11,11 | 05:24 |
| 122 | 644 | Esch | Marij | Kortesseem | V25 | MAS+40 | | 01:13:32 | 11,10 | 05:24 |
| 123 | 662 | Steegen | Rendel | Hasselt | V26 | MAS+35 | Trivan Trail Team | 01:13:33 | 11,09 | 05:24 |
| 124 | 612 | Chrispeels | Freek | Linden | M98 | MAS+50 | | 01:13:35 | 11,09 | 05:24 |
| 125 | 503 | Pauwels | Greet | Vliermaalroot | V27 | MAS+50 | Lok best Kortesseem | 01:13:36 | 11,09 | 05:24 |
| 126 | 525 | Dilien | Filip | Lanaken | M99 | MAS+40 | | 01:14:00 | 11,03 | 05:26 |
| 127 | 564 | Moermans | Frank | Hoeselt | M100 | MAS+65 | | 01:14:22 | 10,97 | 05:28 |
| 128 | 559 | Vreuls | Claudia | Riemst | V28 | MAS+40 | | 01:14:24 | 10,97 | 05:28 |
| 129 | 583 | Coenen | David | Rummen | M101 | MAS+45 | | 01:15:45 | 10,77 | 05:34 |
| 130 | 572 | Latet | Mark | Hoeselt | M102 | MAS+45 | Hoeselt runners | 01:15:45 | 10,77 | 05:34 |
| 131 | 535 | Meekers | Stefan | Sint-Truiden | M103 | MAS+50 | Speelhofrunners | 01:15:46 | 10,77 | 05:34 |
| 132 | 645 | Vanheusden | Wim | Wimmertingen | M104 | MAS+40 | | 01:16:05 | 10,72 | 05:35 |
| 133 | 508 | Coenen | Kris | Wellen | M105 | MAS+35 | BokkerijdersTeam | 01:16:24 | 10,68 | 05:37 |
| 134 | 522 | Bueken | Marina | Sint-Truiden | V29 | MAS+45 | | 01:16:24 | 10,68 | 05:37 |
| 135 | 511 | Kippers | Hanne | Heers | V30 | MAS+40 | | 01:18:16 | 10,43 | 05:45 |
| 136 | 510 | Shaham | Sarah | Velm | V31 | MAS+40 | Lok best Kortesseem | 01:18:17 | 10,42 | 05:45 |
| 137 | 571 | Immerix | Jean Pierre | Veldwezelt | M106 | MAS+65 | | 01:18:21 | 10,41 | 05:45 |
| 138 | 554 | Vancampenhout | Guy | Vorselaar | M107 | MAS+55 | | 01:18:40 | 10,37 | 05:47 |
| 139 | 575 | Hiemeleers | Sharon | Wellen | V32 | SEN | ACA | 01:19:47 | 10,23 | 05:51 |
| 140 | 646 | Van Elsen | Karine | Betekom | V33 | MAS+55 | Knoet | 01:20:09 | 10,18 | 05:53 |
| 141 | 658 | Noelmans | Godfried | Tongeren | M108 | MAS+60 | | 01:21:06 | 10,06 | 05:57 |
| 142 | 520 | Kusters | Peter | Maasmechelen | M109 | MAS+60 | Lopersgroep Lanaken | 01:21:51 | 9,97 | 06:01 |
| 143 | 546 | Vanlaer | Kristien | Kortesseem | V34 | MAS+40 | | 01:22:42 | 9,87 | 06:04 |
| 144 | 549 | Bex | Katleen | Kortesseem | V35 | MAS+40 | | 01:22:42 | 9,87 | 06:04 |
| 145 | 547 | Onkelinx | Greet | Kortesseem | V36 | MAS+40 | Partners in wine | 01:22:43 | 9,86 | 06:04 |
| 146 | 516 | Van der Straeten | Jan-Martijn | Kortesseem | M110 | MAS+35 | | 01:23:31 | 9,77 | 06:08 |
| 147 | 562 | Timmermans | Eva | Hasselt | V37 | MAS+40 | Lok best Kortesseem | 01:23:32 | 9,77 | 06:08 |
| 148 | 545 | Diliën | Victor | Peer | M111 | MAS+70 | | 01:26:59 | 9,38 | 06:23 |
| 149 | 610 | Bruninx | Veerle | Riemst | V38 | MAS+35 | | 01:27:50 | 9,29 | 06:27 |
| 150 | 655 | Lammens | Katrien | Sint-Truiden | V39 | SEN | Burchtlopers | 01:27:57 | 9,28 | 06:28 |
| 151 | 563 | Penders | Caroline | Alken | V40 | MAS+40 | Lok best Kortesseem | 01:29:37 | 9,11 | 06:35 |