

Rang	Nr	Achternaam	Voornaam	Woonplaats	M/V	Categorie	Club	Tijd	km/u	min/km
1	352	Gielen	Jasper	Putte	M1	SEN	AC Lyra	00:16:04	19.42	03:05
2	301	Goyvaerts	Matthias	OLV-Waver	M2	JUN	Bonheiden	00:16:26	18.99	03:09
3	322	Rochtus	Jordi	Hulshout	M3	SEN		00:16:45	18.63	03:13
4	356	Van Aken	Julian	Bonheiden	M4	CAD	Bonheiden	00:17:23	17.95	03:20
5	375	Looymans	Brent	OLV-Waver	M5	SEN		00:17:44	17.59	03:24
6	290	De Proost	Steven	Betekom	M6	MAS+45	Sportiva Gelrode	00:18:02	17.3	03:28
7	359	Peeters	Jimmy	Begijnendijk	M7	MAS+40	Sportiva Gelrode	00:18:56	16.48	03:38
8	311	Kempeneers	Michiel	Bonheiden	M8	SEN		00:19:35	15.93	03:45
9	285	De Cock	Nico	Baal	M9	MAS+45		00:20:09	15.48	03:52
10	299	Goossens	Jens	Grootlo	M10	SCH		00:20:11	15.46	03:52
11	344	Verelst	Sven	OLV-Waver	M11	MAS+40		00:20:24	15.29	03:55
12	365	Heymans	Stefaan	Mechelen	M12	MAS+55		00:20:28	15.24	03:56
13	327	Stroobants	Lieve	Bonheiden	V1	MAS+55	BONH	00:20:58	14.88	04:01
14	341	Van Wiele	Peter	OLV-Waver	M13	MAS+40	3CT	00:21:17	14.66	04:05
15	282	Claes	Maarten		M14	MAS+40		00:21:18	14.65	04:05
16	337	Van Hoof	Lore	Bonheiden	V2	SEN	BONH AC	00:21:20	14.63	04:06
17	382	Depraetere	Danse	Mechelen	V3	SEN		00:21:22	14.6	04:06
18	278	Broothaerts	Josse	Kapelle-op-den-Bos	M15	MAS+65		00:21:36	14.44	04:09
19	329	Uytterhoeven	Koen	OLV-Waver	M16	MAS+45		00:22:05	14.13	04:14
20	350	Caers	Paul	Mortsel	M17	MAS+55		00:22:06	14.12	04:15
21	360	Bosquet	Pascal	Willebroek	M18	MAS+50	RAM	00:22:12	14.05	04:16
22	276	Bastiaens	Nancy	Hulshout	V4	MAS+40	Berglopers	00:22:15	14.02	04:16
23	355	Kerremans	Fonz	Tessengerlo	M19	MAS+65	E-team Looise	00:22:21	13.96	04:17
24	372	Van Loo	Sandra	Bonheiden	V5	MAS+50	BONH	00:22:23	13.94	04:18
25	305	Hendrickx	Erik	Hofstade	M20	MAS+40		00:22:29	13.88	04:19
26	309	Janssens	Matti	OLV-Waver	M21	PUP		00:22:34	13.83	04:20
27	307	Houman	Nolan	St-Kat-Waver	M22	PUP		00:22:36	13.81	04:20
28	353	Van Den Eede	Michael	Breendonk	M23	MAS+40		00:22:37	13.8	04:20
29	379	Symons	David	OLV-Waver	M24	MAS+35		00:22:44	13.72	04:22
30	383	Vanden Wijngaerd	Sander	Boortmeerbeek	M25	SEN		00:22:47	13.69	04:22
31	363	Heymans	Filip	Duffel	M26	MAS+55	AC Duffel	00:22:55	13.61	04:24
32	366	Clement	Daan	Rijmenam	M27	SEN		00:22:56	13.6	04:24
33	367	Symons	Gerd	OLV-Waver	M28	SEN		00:22:59	13.58	04:25
34	326	Sijmus	Willy	Keerbergen	M29	MAS+65		00:23:13	13.44	04:27
35	291	De Wachter	Jelle	Bonheiden	M30	MAS+40		00:23:40	13.18	04:33
36	331	Van Beylen	Ann	Hofstade	V6	MAS+35		00:23:44	13.15	04:33
37	358	Van Campenhout	Luc	Hombeek	M31	MAS+65	RAM	00:23:56	13.04	04:36
38	323	Schelkens	Chris	Dendermonde	M32	MAS+60	Team Roosenbaan	00:24:02	12.98	04:37
39	354	Van Looy	Sofie	Bonheiden	V7	MAS+40	BONH	00:24:14	12.87	04:39
40	315	Leys	Wendy	Hakendover	V8	MAS+45		00:24:19	12.83	04:40
41	308	Jacobs	Yentl	OLV-Waver	V9	SEN		00:24:27	12.76	04:42
42	288	De Leener	Tamara	Mechelen	V10	MAS+50		00:24:31	12.73	04:42
43	321	Pepermans	Glenn	Nijlen	M33	SEN		00:24:35	12.69	04:43
44	351	Verheyden	Dirk	OLV-Waver	M34	MAS+60	AC Bonheiden	00:24:44	12.61	04:45
45	342	Venstermans	Chris	Mechelen	M35	MAS+55	RAM	00:24:46	12.6	04:45
46	364	Ooms	Gunter	Lier	M36	MAS+50		00:25:12	12.38	04:50
47	297	Goffin	Dirk	Lier	M37	MAS+60		00:25:43	12.13	04:56
48	340	Van Oosterwyck	Dirk	Heist o/d Berg	M38	MAS+50		00:26:06	11.95	05:01
49	334	Van Den Dries	Katrien	Berlaar	V11	MAS+40		00:26:13	11.9	05:02
50	279	Brughmans	Magda	St-Kat-Waver	V12	MAS+60		00:26:47	11.65	05:09

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51	277	Bernaerts	Bart	Antwerpen	M39	MAS+45	People2Care	00:26:50	11.63	05:09
52	369	Haentjens	Kris	Berchem	M40	MAS+65		00:27:07	11.51	05:12
53	306	Hofmans	Marita	Dendermonde	V13	MAS+65	Team Roosenboom	00:27:41	11.27	05:19
54	347	Wildiers	Bart	Walem	M41	SEN		00:27:44	11.25	05:20
55	295	Geerts	Kristien	OLV-Waver	V14	MAS+45		00:27:45	11.24	05:20
56	349	Van Deun	Sarah	Muizen	V15	MAS+35		00:27:51	11.2	05:21
57	314	Leploe	Ruben	Koningshooikt	M42	SEN	KSKWavria	00:28:00	11.14	05:23
58	313	Leploe	Joren	Koningshooikt	M43	SEN	KSKWavria	00:28:01	11.14	05:23
59	294	Geens	Maarten	OLV-Waver	M44	SEN		00:28:09	11.08	05:24
60	325	Serneels	Marijn	Bonheiden	M45	SEN	BAV - Brusselse A...	00:28:10	11.08	05:25
61	293	Feremans	Patricia	OLV-Waver	V16	MAS+45		00:28:22	11	05:27
62	330	Vaeck	Maxim	St-Kat-Waver	M46	CAD		00:28:26	10.97	05:28
63	324	Schoeters	Ward	OLV-Waver	M47	CAD		00:28:31	10.94	05:29
64	361	Leys	Hilde	Bonheiden	V17	MAS+50		00:28:45	10.85	05:31
65	377	De Winter	Thibo	St-Kat-Waver	M48	MIN		00:28:56	10.78	05:33
66	284	De Borger	Pascale	Blaasveld	V18	MAS+55	RAM	00:29:01	10.75	05:34
67	339	Van Nuffel	Else	Mechelen	V19	MAS+60	RAM	00:29:02	10.75	05:35
68	373	Maras	Glenn	St-Kat-Waver	M49	SEN		00:29:04	10.73	05:35
69	283	Cleynhens	Karine	Baal	V20	MAS+50	Berglopers	00:29:06	10.72	05:35
70	370	Roziers	Carl	Olen	M50	MAS+60		00:29:09	10.7	05:36
71	362	Zomers	Marjan	Mechelen	V21	MAS+45		00:29:28	10.59	05:40
72	317	Mariën	Ann	Mechelen	V22	MAS+50		00:29:37	10.53	05:41
73	374	Van der Borgh	Julie	St-Kat-Waver	V23	SEN		00:30:11	10.34	05:48
74	318	Op de Beeck	Jill	OLV-Waver	V24	CAD		00:30:17	10.3	05:49
75	345	Verryckt	Cindy	Grobbendonk	V25	MAS+40		00:30:23	10.27	05:50
76	328	Tielemans	Veerle	Nijlen	V26	MAS+35		00:30:24	10.26	05:50
77	332	Van Bosstraeten	Nico	Berlaar	M51	MAS+45		00:30:25	10.26	05:50
78	302	Grootaert	Lucie	Keerbergen	V27	MAS+45		00:30:36	10.2	05:53
79	357	De Cock	Femke	Putte	V28	MAS+35	Geshaalopers	00:31:03	10.05	05:58
80	378	De winter	Matthias	St-Kat-Waver	M52	PUP		00:31:11	10.01	05:59
81	348	Willaert	William	Aarschot	M53	BEN		00:31:52	9.79	06:07
82	320	Pasgang	Klara	Aarschot	V29	SEN		00:31:55	9.78	06:08
83	371	Bosmans	Mia	Putte	V30	MAS+55	Geshaa	00:31:56	9.77	06:08
84	368	De Wachter	Carine	Keerbergen	V31	MAS+60		00:31:57	9.77	06:08
85	384	Bertels	Veerle	St-Kat-Waver	V32	MAS+40		00:31:58	9.76	06:08
86	275	Adriaenssens	Laura	OLV-Waver	V33	SEN		00:32:08	9.71	06:10
87	296	Godfroid	Sophie	Boechout	V34	SEN		00:32:09	9.7	06:10
88	381	Geerts	Frederik	Putte	M54	MAS+35		00:32:18	9.66	06:12
89	380	Van den Broeck	Dries	Peulis	M55	SEN		00:32:19	9.65	06:12
90	346	Vleugels	Dirk	OLV-Waver	M56	MAS+65		00:32:37	9.57	06:16
91	286	De Groof	Maarten	St-Kat-Waver	M57	MAS+40		00:33:20	9.36	06:24
92	335	Van Derheyden	Florence	OLV-Waver	V35	MAS+40		00:33:21	9.36	06:24
93	312	Kwanten	Lies	OLV-Waver	V36	MAS+35	Bonheiden AC	00:34:05	9.15	06:33
94	310	Jespers	Hilde	OLV-Waver	V37	MAS+60		00:34:13	9.12	06:34
95	336	Van Hirtum	Rienske	Grootlo	V38	MAS+50		00:34:49	8.96	06:41
96	300	Goossens	Nancy	Heist o/d Berg	V39	MAS+50		00:34:50	8.96	06:41
97	280	Buelens	Nona	OLV-Waver	V40	MIN		00:39:02	7.99	07:30
98	376	Buelens	Nico	OLV-Waver	M58	MAS+40		00:39:03	7.99	07:30
99	303	Haberkamp	Andrea	Mechelen	V41	MAS+35		00:39:21	7.93	07:34
100	289	De Potter	Shanna	Putte	V42	MAS+40		00:39:35	7.88	07:36

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101	343	Verbist	Suzy	OLV-Waver	V43	MAS+40		00:41:50	7.46	08:02