

Rang	Nr	Achternaam	Voornaam	Woonplaats	M/V	Categorie	Club	Tijd	km/u	min/km
1	153	Vanlommel	Guy	Aarschot	M1	MAS+35	Jerrys Fine Foods	00:16:51	17.8	03:22
2	142	Wouters	Chriske	Diest	M2	MAS+50	MAES SQM Running t...	00:17:17	17.36	03:27
3	112	Helsen	Michel	Rillaar	M3	MAS+35		00:17:28	17.18	03:29
4	99	De Proost	Steven	Betekom	M4	MAS+45	Sportiva Gelrode	00:18:16	16.42	03:39
5	118	Vos	Jan	Tielt-Winge	M5	MAS+40	A-team	00:18:30	16.22	03:42
6	143	Saenen	Diégo	Zichem	M6	MAS+35		00:18:36	16.13	03:43
7	100	De Wijngaert	Jan	Gelrode	M7	MAS+55	Sportiva Gelrode	00:19:18	15.54	03:51
8	146	Vander Sande	Thomas	Houtvenne	M8	SEN		00:19:25	15.45	03:53
9	138	Binon	Mats	Zichem	M9	CAD		00:19:31	15.37	03:54
10	126	Verbist	Wouter	Begijnendijk	M10	MAS+45	ROBA	00:19:36	15.31	03:55
11	107	Ceusters	Nico	Messelbroek	M11	SEN	ROBA	00:19:48	15.15	03:57
12	133	Deuers	Laurenz	Antwerpen	M12	SEN		00:20:22	14.73	04:04
13	124	Van Ouytsel	Pascal	Rillaar	M13	MAS+50	ROBA	00:20:26	14.68	04:05
14	121	Van de Velde	Jarno	Averbode	M14	SEN	ATB Cross	00:20:42	14.49	04:08
15	148	Frederickx	Matthias	Rillaar	M15	MAS+80		00:21:25	14.01	04:17
16	110	Vervloesem	Senne	Rillaar	M16	SEN	Tooghangers	00:21:27	13.99	04:17
17	149	Frederickx	Thomas	Rillaar	M17	MAS+35		00:21:31	13.94	04:18
18	105	Willems	Gert	Gelrode	M18	MAS+45	Sportiva Gelrode	00:21:35	13.9	04:19
19	102	Vandijck	Yves	Rillaar	M19	MAS+45	Sportiva Gelrode	00:21:39	13.86	04:19
20	135	Sijmens	Charlotte	Scherpenheuvel	V1	SEN		00:21:51	13.73	04:22
21	136	Deriemaecker	Ineke	Scherpenheuvel	V2	SEN		00:21:53	13.71	04:22
22	158	Ruelens	Peter	Geel	M20	MAS+55	JMT	00:22:14	13.49	04:26
23	132	Testelmans	Luc	Herselt	M21	MAS+55		00:22:18	13.45	04:27
24	109	Nijs	Daan	Rillaar	M22	SEN	Tooghangers	00:22:31	13.32	04:30
25	140	Van Horebeek	Tom	Tielt-Winge	M23	SEN		00:22:41	13.23	04:32
26	103	Verbist	Jonathan	Aarschot	M24	MAS+35	Sportiva Gelrode	00:22:52	13.12	04:34
27	139	Verloes	Jelle	Aarschot	M25	MAS+35		00:23:11	12.94	04:38
28	147	Sijmus	Willy	Keerbergen	M26	MAS+65		00:23:37	12.7	04:43
29	131	Claes	Karen	Wezemaal	V3	MAS+35		00:23:42	12.66	04:44
30	130	Stickers	Tom	Herselt	M27	MAS+45		00:23:48	12.61	04:45
31	150	Janssens	Sven	Testelt	M28	SEN	ROBA Stree runners	00:23:56	12.53	04:47
32	101	Miseur	Manfred	Aarschot	M29	MAS+60	Sportiva Gelrode	00:23:57	12.53	04:47
33	122	Andries	Sven	Aarschot	M30	SEN		00:24:10	12.41	04:50
34	119	Verheyden	Gunther	Bekkevoort	M31	MAS+45		00:24:14	12.38	04:50
35	106	Discart	Patrick	Aarschot	M32	MAS+55		00:24:42	12.15	04:56
36	123	Cools	Benno	Averbode	M33	PUP	ROBA Diest	00:24:47	12.1	04:57
37	104	Vounckx	Dirk	Gelrode	M34	MAS+60	Sportiva Gelrode	00:25:07	11.94	05:01
38	125	Cumps	Chris	Aarschot	M35	MAS+65	BSJ	00:25:15	11.88	05:03
39	151	Huijs	Willem	Aarschot	M36	MAS+50	OKKE	00:25:19	11.85	05:03
40	116	Ooms	Gunter	Koningshooikt	M37	MAS+50		00:25:24	11.81	05:04
41	108	Van Dyck	Alain	Rillaar	M38	MAS+55		00:25:38	11.7	05:07
42	120	Anthonis	Rudi	Tremelo	M39	MAS+60	Bowling Club Tremelo	00:25:50	11.61	05:10
43	141	Neefs	Bert	Gelrode	M40	MAS+55	Sportiva Gelrode	00:25:57	11.56	05:11
44	157	Kiesekoms	Yves	Rillaar	M41	MAS+45		00:26:12	11.45	05:14
45	137	Binon	Nick	Zichem	M42	MAS+40		00:26:50	11.18	05:22
46	154	Craenen	Koen	Aarschot	M43	MAS+40	OKKE	00:26:53	11.16	05:22
47	129	De Wachter	Carine	Keerbergen	V4	MAS+60		00:26:56	11.14	05:23
48	117	Van Eynde	Willy	Herselt	M44	MAS+60	DOMO	00:27:28	10.92	05:29
49	156	Danckaerts	Joëlle	Aarschot	V5	MAS+55	OKKE Aarschot	00:27:51	10.77	05:34
50	134	Scheers	Guido	Tremelo	M45	MAS+65	ROBA Recreanten	00:28:37	10.48	05:43

Rang	Nr	Achternaam	Voornaam	Woonplaats	M/V	Categorie	Club	Tijd	km/u	min/km
51	155	Mattheus	Glenn	Boischot	M46	SEN		00:28:42	10.45	05:44
52	115	Boonen	Ilse	Messelbroek	V6	MAS+40		00:29:19	10.23	05:51
53	114	Bruyninckx	Cindy	Messelbroek	V7	MAS+45		00:29:21	10.22	05:52
54	128	Van Orshaegen	Nicole	Olen	V8	MAS+60	Berglopers	00:29:34	10.15	05:54
55	111	Eijckmans	Eric	Laakdal	M47	MAS+55		00:29:50	10.06	05:58
56	113	Van Lier	Stefan	Tremelo	M48	MAS+60		00:30:03	9.98	06:00
57	127	Roelants	Myriam	Wezemaal	V9	MAS+60		00:30:23	9.87	06:04
58	152	Gielis	Ellen	Westerlo	V10	MAS+40	DCPP/Berglopers	00:35:16	8.51	07:03
59	145	Moron	Adam	Tessengerlo	M49	MAS+35	G-team Looise	00:42:58	6.98	08:35
60	144	Moron	Marian	Tessengerlo	M50	MAS+35	Looise	00:43:00	6.98	08:36