

| Rang | Nr | Achternaam | Voornaam | Woonplaats | M/V | Categorie | Club | Tijd | km/u | min/km |
|------|-----|----------------|----------|----------------|-----|-----------|--------------------------|----------|-------|--------|
| 1 | 387 | Verschoren | Pieter | Schriek | M1 | MAS+35 | Kapsalon Luc | 00:15:12 | 19.74 | 03:02 |
| 2 | 388 | De Rooy | Lennard | Grobbendonk | M2 | SEN | ACHL | 00:16:26 | 18.26 | 03:17 |
| 3 | 423 | Vanwinckel | Mitch | Scherpenheuvel | M3 | SEN | A-team | 00:16:59 | 17.66 | 03:23 |
| 4 | 405 | Van Den Heuvel | Steven | Tremelo | M4 | SEN | | 00:17:34 | 17.08 | 03:30 |
| 5 | 369 | Helsen | Michel | Rillaar | M5 | MAS+35 | data Team Telenet | 00:17:38 | 17.01 | 03:31 |
| 6 | 397 | Thielenans | Robbe | Baal | M6 | SEN | | 00:17:53 | 16.78 | 03:34 |
| 7 | 376 | Vissers | Jamie | Herentals | M7 | SEN | ACHL | 00:18:07 | 16.56 | 03:37 |
| 8 | 326 | Buelens | Jurgen | Beerzel | M8 | MAS+45 | Waver loopt | 00:18:57 | 15.83 | 03:47 |
| 9 | 393 | Van Looy | Brent | Heist o/d Berg | M9 | SCH | | 00:20:04 | 14.95 | 04:00 |
| 10 | 368 | Verhard | Gerry | Baal | M10 | MAS+45 | | 00:20:06 | 14.93 | 04:01 |
| 11 | 318 | Van Aelst | Dirk | Heist o/d Berg | M11 | MAS+55 | Berglopers | 00:20:24 | 14.71 | 04:04 |
| 12 | 377 | Vissers | Sven | Eindhout | M12 | SCH | ACHL | 00:20:25 | 14.69 | 04:05 |
| 13 | 417 | Op de Beeck | Senne | Putte | M13 | SEN | PKC | 00:20:38 | 14.54 | 04:07 |
| 14 | 412 | Wijns | Glen | | M14 | SEN | | 00:20:48 | 14.42 | 04:09 |
| 15 | 378 | Van Campenhout | Dave | Schriek | M15 | MAS+40 | RAM | 00:20:49 | 14.41 | 04:09 |
| 16 | 335 | Leys | William | Schriek | M16 | CAD | | 00:21:15 | 14.12 | 04:15 |
| 17 | 365 | Anthoon | Tuur | Schriek | M17 | CAD | | 00:21:22 | 14.04 | 04:16 |
| 18 | 333 | Heyligen | Tom | Heist o/d Berg | M18 | MAS+40 | | 00:21:23 | 14.03 | 04:16 |
| 19 | 340 | Rits | Jonas | Hulshout | M19 | SCH | AVZK | 00:21:29 | 13.96 | 04:17 |
| 20 | 343 | Stuyckens | Kim | Heist o/d Berg | M20 | MAS+40 | | 00:21:38 | 13.87 | 04:19 |
| 21 | 394 | Huybrechts | Anna | Putte | V1 | SCH | AVZK | 00:21:41 | 13.84 | 04:20 |
| 22 | 380 | Van der Hoeven | Gerry | Schriek | M21 | MAS+40 | | 00:21:44 | 13.8 | 04:20 |
| 23 | 398 | Van Noten | Dirk | Booischoot | M22 | MAS+55 | | 00:21:56 | 13.68 | 04:23 |
| 24 | 374 | Mellaerts | Dries | Heist o/d Berg | M23 | SEN | | 00:21:57 | 13.67 | 04:23 |
| 25 | 403 | Sweeck | Steven | Hulshout | M24 | SEN | | 00:22:09 | 13.54 | 04:25 |
| 26 | 410 | Vandycke | Wout | Rotselaar | M25 | SEN | | 00:22:23 | 13.4 | 04:28 |
| 27 | 404 | Weyns | Leo | Heist o/d Berg | M26 | MAS+70 | | 00:22:31 | 13.32 | 04:30 |
| 28 | 396 | Thielemans | Hans | Baal | M27 | MAS+50 | | 00:22:51 | 13.13 | 04:34 |
| 29 | 319 | Van den Broeck | Dorien | Begijnendijk | V2 | MAS+35 | Berglopers | 00:23:05 | 13 | 04:37 |
| 30 | 371 | Wijns | Pascal | Schriek | M28 | JUN | Concap | 00:23:08 | 12.97 | 04:37 |
| 31 | 352 | Van der Hoeven | Hanne | Schriek | V3 | SCH | | 00:23:13 | 12.92 | 04:38 |
| 32 | 301 | Bastiaens | Nancy | Hulshout | V4 | MAS+40 | Berglopers / AC Hulsh... | 00:23:32 | 12.75 | 04:42 |
| 33 | 381 | Weckhuysen | Serge | Betekom | M29 | MAS+50 | ROBA | 00:23:37 | 12.7 | 04:43 |
| 34 | 317 | Smets | Jean | Heist o/d Berg | M30 | MAS+50 | Berglopers | 00:23:44 | 12.64 | 04:44 |
| 35 | 424 | Geudens | Katrien | Ramsel | V5 | MAS+50 | | 00:23:50 | 12.59 | 04:46 |
| 36 | 416 | Rits | Jasper | Baal | M31 | SEN | | 00:23:51 | 12.58 | 04:46 |
| 37 | 421 | Goovaerts | Gillian | Heist o/d Berg | M32 | SEN | | 00:23:52 | 12.57 | 04:46 |
| 38 | 314 | Rits | Mario | Hulshout | M33 | MAS+45 | Berglopers | 00:23:54 | 12.55 | 04:46 |
| 39 | 392 | De Roover | Kenji | Baal | M34 | JUN | KFC Baal | 00:24:00 | 12.5 | 04:48 |
| 40 | 379 | Van Campenhout | Luc | Hombeek | M35 | MAS+65 | RAM | 00:24:04 | 12.47 | 04:48 |
| 41 | 407 | Van Vlasselaer | Erik | Putte | M36 | MAS+50 | Geshaalopers | 00:24:13 | 12.39 | 04:50 |
| 42 | 400 | Willems | Marc | Baal | M37 | MAS+55 | Bowling Tremelo | 00:24:15 | 12.37 | 04:51 |
| 43 | 344 | Stuyckens | Tobe | Heist o/d Berg | M38 | MIN | | 00:24:38 | 12.18 | 04:55 |
| 44 | 384 | Sol | Levi | Putte | M39 | MAS+50 | | 00:24:41 | 12.15 | 04:56 |
| 45 | 386 | De Ceuster | Robin | Putte | M40 | MAS+35 | KSV Schriek | 00:24:47 | 12.1 | 04:57 |
| 46 | 349 | Van Damme | Andreas | Schriek | M41 | CAD | | 00:25:24 | 11.81 | 05:04 |
| 47 | 427 | Vanheule | Maïte | Namur | V6 | MAS+35 | A TEAM | 00:25:26 | 11.8 | 05:05 |
| 48 | 395 | Huybrechts | Sara | Putte | V7 | MIN | AVZK | 00:25:28 | 11.78 | 05:05 |
| 49 | 309 | Kusseneers | Luc | Rumst | M42 | MAS+65 | Berglopers | 00:25:33 | 11.74 | 05:06 |
| 50 | 402 | Somers | Kristof | Baal | M43 | MAS+35 | | 00:25:43 | 11.67 | 05:08 |

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|------|-----|-------------|------------|----------------|-----|-----------|----------------------|----------|-------|--------|
| 51 | 350 | Van Damme | Lothar | Schriek | M44 | SCH | | 00:25:48 | 11.63 | 05:09 |
| 52 | 331 | Goffin | Dirk | Lier | M45 | MAS+60 | | 00:25:49 | 11.62 | 05:09 |
| 53 | 370 | Op de Beeck | Tine | Schriek | V8 | MAS+35 | | 00:25:56 | 11.57 | 05:11 |
| 54 | 312 | Op de Beeck | Stijn | Ramsel | M46 | MAS+45 | Berglopers | 00:26:06 | 11.49 | 05:13 |
| 55 | 375 | Vissers | Bjorn | Eindhout | M47 | CAD | | 00:26:35 | 11.29 | 05:19 |
| 56 | 354 | Verdickt | Inge | Itegem | V9 | SEN | | 00:26:37 | 11.27 | 05:19 |
| 57 | 391 | De Wachter | Carine | Keerbergen | V10 | MAS+60 | | 00:26:40 | 11.25 | 05:20 |
| 58 | 320 | Van Dessel | Daniel | Heist o/d Berg | M48 | MAS+60 | Berglopers | 00:26:48 | 11.19 | 05:21 |
| 59 | 367 | Verstraeten | Ferre | Heist o/d Berg | M49 | PUP | KFCM Hallaar | 00:27:04 | 11.08 | 05:24 |
| 60 | 373 | Onsea | Nona | Schriek | V11 | PUP | | 00:27:07 | 11.06 | 05:25 |
| 61 | 401 | Anthonis | Rudi | Tremelo | M50 | MAS+60 | Bowling Club Tremelo | 00:27:09 | 11.05 | 05:25 |
| 62 | 408 | Wouters | Patrick | Schriek | M51 | MAS+55 | | 00:27:17 | 11 | 05:27 |
| 63 | 316 | Schepers | Geert | Booischoot | M52 | MAS+50 | Berglopers | 00:28:10 | 10.65 | 05:38 |
| 64 | 306 | Goovaerts | Stella | Ramsel | V12 | MAS+45 | Berglopers | 00:28:13 | 10.63 | 05:38 |
| 65 | 364 | Delellio | Marc | Schriek | M53 | MAS+65 | | 00:28:25 | 10.56 | 05:41 |
| 66 | 332 | Heyligen | Senne | Heist o/d Berg | M54 | MIN | | 00:28:27 | 10.54 | 05:41 |
| 67 | 322 | Verschueren | Anne | Booischoot | V13 | MAS+55 | Berglopers | 00:28:29 | 10.53 | 05:41 |
| 68 | 302 | Cleynhens | Karine | Tremelo | V14 | MAS+55 | Berglopers | 00:28:30 | 10.53 | 05:42 |
| 69 | 425 | Marien | Sebastiaan | Heist o/d Berg | M55 | MAS+40 | | 00:28:36 | 10.49 | 05:43 |
| 70 | 420 | De Bie | Petra | Brasschaat | V15 | MAS+45 | | 00:28:46 | 10.43 | 05:45 |
| 71 | 419 | Hermans | Liesbeth | Keerbergen | V16 | MAS+45 | | 00:28:48 | 10.42 | 05:45 |
| 72 | 315 | Saenen | Johan | Heist o/d Berg | M56 | MAS+55 | Berglopers | 00:29:01 | 10.34 | 05:48 |
| 73 | 311 | Nagels | Ann | Schriek | V17 | MAS+45 | Berglopers | 00:29:08 | 10.3 | 05:49 |
| 74 | 390 | Van Otten | Peggy | Ramsel | V18 | MAS+50 | | 00:29:26 | 10.19 | 05:53 |
| 75 | 308 | Heremans | Miet | Heist o/d Berg | V19 | MAS+45 | Berglopers | 00:29:28 | 10.18 | 05:53 |
| 76 | 307 | Hendrickx | Arlette | Hallaar | V20 | MAS+65 | Berglopers | 00:29:29 | 10.18 | 05:53 |
| 77 | 303 | Cumps | Els | Hallaar | V21 | MAS+55 | Berglopers | 00:29:31 | 10.16 | 05:54 |
| 78 | 345 | Swinnen | Leon | Schriek | M57 | PUP | | 00:29:43 | 10.1 | 05:56 |
| 79 | 385 | Verschueren | Gerry | Heist o/d Berg | M58 | MAS+45 | | 00:29:45 | 10.08 | 05:57 |
| 80 | 372 | Eijckmans | Eric | Laakdal | M59 | MAS+55 | | 00:29:48 | 10.07 | 05:57 |
| 81 | 346 | Swinnen | Toon | Antwerpen | M60 | MAS+35 | | 00:29:48 | 10.07 | 05:57 |
| 82 | 313 | Ringoot | Danny | Hallaar | M61 | MAS+60 | Berglopers | 00:29:50 | 10.06 | 05:58 |
| 83 | 341 | Seghers | Ilbe | Schriek | M62 | MAS+55 | | 00:29:51 | 10.05 | 05:58 |
| 84 | 321 | Van Opstal | Karel | Ramsel | M63 | MAS+75 | Berglopers | 00:29:55 | 10.03 | 05:59 |
| 85 | 324 | Bosmans | Jos | Heist o/d Berg | M64 | MAS+70 | | 00:29:57 | 10.02 | 05:59 |
| 86 | 422 | Willems | Ilke | Putte | V22 | SEN | | 00:30:00 | 10 | 06:00 |
| 87 | 406 | Arras | Thomas | Itegem | M65 | MIN | | 00:30:01 | 9.99 | 06:00 |
| 88 | 382 | De Cock | Femka | Putte | V23 | MAS+40 | Geshaalopers | 00:30:03 | 9.98 | 06:00 |
| 89 | 328 | De Haes | Jana | Muizen | V24 | SEN | | 00:30:05 | 9.97 | 06:01 |
| 90 | 325 | Buelens | Annelies | Schriek | V25 | MAS+35 | | 00:30:21 | 9.88 | 06:04 |
| 91 | 327 | Cuypers | An | Keerbergen | V26 | MAS+35 | | 00:30:38 | 9.79 | 06:07 |
| 92 | 305 | Goovaerts | Jef | Heist o/d Berg | M66 | MAS+70 | Berglopers | 00:30:59 | 9.68 | 06:11 |
| 93 | 409 | Janssens | Mieke | Ramsel | V27 | MAS+35 | | 00:31:00 | 9.68 | 06:12 |
| 94 | 357 | Van Dyck | Rune | Schriek | M67 | PUP | KSV Schriek | 00:31:18 | 9.58 | 06:15 |
| 95 | 329 | De Meutter | Niko | Schriek | M68 | MAS+45 | | 00:31:24 | 9.55 | 06:16 |
| 96 | 356 | Marien | Axel | | M69 | PUP | | 00:31:27 | 9.54 | 06:17 |
| 97 | 361 | Van Hoof | Daan | Schriek | M70 | PUP | | 00:31:28 | 9.53 | 06:17 |
| 98 | 360 | Albert | Wout | Schriek | M71 | PUP | | 00:31:29 | 9.53 | 06:17 |
| 99 | 337 | Mertens | Litse | Baal | V28 | JUN | | 00:31:38 | 9.48 | 06:19 |
| 100 | 383 | Franek | Dominique | Berlaar | V29 | MAS+40 | | 00:31:40 | 9.47 | 06:20 |

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|------|-----|--------------------|-----------|------------|-----|-----------|--------------|----------|------|--------|
| 101 | 411 | Van Craen | Christine | | V30 | MAS+60 | | 00:32:03 | 9.36 | 06:24 |
| 102 | 418 | Veltmans | Florian | Schriek | M72 | PUP | KSV Schriek | 00:32:05 | 9.35 | 06:25 |
| 103 | 310 | Mattheus | Glenn | Booischoot | M73 | SEN | Berglopers | 00:32:11 | 9.32 | 06:26 |
| 104 | 415 | Hendrickx | Liene | Booischoot | V31 | JUN | | 00:32:16 | 9.3 | 06:27 |
| 105 | 413 | Verhoeven | Wim | Booischoot | M74 | MAS+55 | | 00:32:20 | 9.28 | 06:28 |
| 106 | 414 | Verhoeven | Robbe | Booischoot | M75 | SEN | | 00:32:21 | 9.27 | 06:28 |
| 107 | 347 | Van Craen | Bauke | Haacht | M76 | CAD | | 00:32:22 | 9.27 | 06:28 |
| 108 | 399 | De Roovere | Kathleen | Baal | V32 | SEN | | 00:34:25 | 8.72 | 06:53 |
| 109 | 358 | Van Cleynenbreu... | Tina | Schriek | V33 | MAS+40 | KSV Schriek | 00:35:01 | 8.57 | 07:00 |
| 110 | 348 | Van Craen | Nienke | Haacht | V34 | PUP | | 00:37:12 | 8.06 | 07:26 |
| 111 | 351 | Van den Broeck | Kathleen | Haacht | V35 | MAS+40 | | 00:37:15 | 8.05 | 07:27 |
| 112 | 334 | Jans | Lisette | Westerlo | V36 | MAS+75 | Tongerlopers | 00:39:09 | 7.66 | 07:49 |
| 113 | 323 | Biesmans | Lisette | Ham | V37 | MAS+75 | | 00:39:29 | 7.6 | 07:53 |
| 114 | 336 | Marien | Elise | Schriek | V38 | CAD | | 00:40:26 | 7.42 | 08:05 |
| 115 | 359 | Dierckx | Marc | Herenthout | M77 | MAS+60 | | 00:41:34 | 7.22 | 08:18 |
| 116 | 304 | Gielis | Ellen | Westerlo | V39 | MAS+40 | Berglopers | 00:43:21 | 6.92 | 08:40 |
| 117 | 362 | Ilyama | Karim | Kessel Lo | M78 | KAN | | 01:02:57 | 4.77 | 12:35 |
| 118 | 363 | Barthelemy | Geldof | Heverlee | M79 | SEN | DCLA | 01:02:58 | 4.76 | 12:35 |
| 119 | 389 | Waegemans | Joghen | Hulshout | M80 | MAS+50 | Berglopers | 01:03:07 | 4.75 | 12:37 |