

| Rang | Nr | Achternaam | Voornaam | Woonplaats | M/V | Categorie | Club | Tijd | km/u | min/km |
|------|------|----------------|----------|----------------|-----|-----------|-------------------------|----------|-------|--------|
| 1 | 1018 | Vertommen | Gerrit | Haacht | M1 | MAS+45 | | 00:42:50 | 16.25 | 03:41 |
| 2 | 1014 | Van Der Hoeven | Guy | Schriek | M2 | MAS+40 | | 00:43:19 | 16.07 | 03:44 |
| 3 | 1013 | Caluwaerts | Erik | Lier | M3 | MAS+45 | Lyra Lierse | 00:44:28 | 15.65 | 03:50 |
| 4 | 1007 | Verhaert | Kris | Heist o/d Berg | M4 | MAS+40 | | 00:45:21 | 15.35 | 03:54 |
| 5 | 1016 | Aerts | Kris | Ranst | M5 | MAS+50 | APSO Zandhoven | 00:46:44 | 14.89 | 04:01 |
| 6 | 1005 | Tuffin | Benjamin | Nijlen | M6 | MAS+45 | AV Lyra - Lierse | 00:46:58 | 14.82 | 04:02 |
| 7 | 1012 | Ceulemans | Erik | St-Kat-Waver | M7 | MAS+50 | SKW | 00:47:25 | 14.68 | 04:05 |
| 8 | 1011 | Van Loy | Karen | Beerzel | V1 | MAS+40 | | 00:50:10 | 13.87 | 04:19 |
| 9 | 1015 | Ceulemans | Koen | Bonheiden | M8 | MAS+45 | | 00:51:54 | 13.41 | 04:28 |
| 10 | 1009 | Ackaert | Kevin | Keerbergen | M9 | MAS+40 | Jogging club Keerbergen | 00:52:28 | 13.27 | 04:31 |
| 11 | 1182 | Naets | Ivo | Itegem | M10 | MAS+60 | Berglopers | 00:52:54 | 13.16 | 04:33 |
| 12 | 1183 | Schrijvers | Bart | Keerbergen | M11 | MAS+40 | JCK | 00:53:58 | 12.9 | 04:39 |
| 13 | 1010 | De Cock | Laura | Hallaar | V2 | SEN | | 00:54:09 | 12.85 | 04:40 |
| 14 | 1006 | Tufein | Connor | Nijlen | M12 | MIN | | 00:55:52 | 12.46 | 04:48 |
| 15 | 1008 | Van Grootven | Willem | Aartselaar | M13 | MAS+65 | AVI Wilrijk | 00:57:40 | 12.07 | 04:58 |
| 16 | 1019 | Vermeulen | Patrick | Heist o/d Berg | M14 | MAS+40 | | 00:57:47 | 12.04 | 04:58 |
| 17 | 1017 | Auwers | Patrick | Olen | M15 | MAS+55 | | 01:06:33 | 10.46 | 05:44 |