

Rang	Nr	Achternaam	Voornaam	Woonplaats	M/V	Categorie	Club	Tijd	km/u	min/km
1	345	Verschoren	Pieter	Schriek	M1	MAS+35	Kapsalon Luc	00:14:24	18.87	03:10
2	291	Philips	Siebe	Herselt	M2	SEN	HULS	00:14:32	18.7	03:12
3	312	Sleeckx	Godwin	Heist o/d Berg	M3	SCH	AVZK	00:15:08	17.96	03:20
4	341	Lunders	Nico	Lier	M4	MAS+35	AVLL	00:15:12	17.88	03:21
5	383	Naets	Obry	Itegem	M5	SEN	AVZK	00:15:17	17.78	03:22
6	307	Gysemans	Dave	Wiekevorst	M6	MAS+35	Team Wikkeveust	00:15:23	17.67	03:23
7	335	Van Bael	Tim	Hallaar	M7	SEN		00:15:27	17.59	03:24
8	346	Laenen	Glenn	Nijlen	M8	MAS+40	AC Lyra-Lierse	00:15:34	17.46	03:26
9	277	Van Den Borre	Michiel	Rijmenam	M9	SEN		00:16:03	16.93	03:32
10	328	Cerneels	Tom	St-Kat-Waver	M10	SEN		00:16:04	16.92	03:32
11	362	Wouters	Chriske	Diest	M11	MAS+50	MAES SQM Running t...	00:16:10	16.81	03:34
12	311	Hendrickx	Stijn	Berlaar	M12	MAS+40		00:16:51	16.13	03:43
13	262	Claes	Jesse	Booischoot	M13	SEN	Fun2Run	00:16:58	16.02	03:44
14	356	Van Ouytsel	Jan	Westerlo	M14	SEN		00:16:59	16	03:44
15	320	Liekens	Vicky	Heist o/d Berg	V1	MAS+35	Race & Raise	00:17:00	15.99	03:45
16	387	Spiessens	Vic	Ramsel	M15	SEN	K Ramsel FC	00:17:15	15.76	03:48
17	327	Van de Vel	Vincent	Ramsel	M16	SEN		00:17:20	15.68	03:49
18	331	Haile-Andericad	Isacic		M17	MAS+80	AVZK	00:17:32	15.5	03:52
19	325	Van Looy	Brent	Heist o/d Berg	M18	SCH		00:17:35	15.46	03:52
20	342	De Noël	Kenneth	Ranst	M19	MAS+35	AV Lyra-Lierse	00:17:37	15.43	03:53
21	309	Vermeulen	Lauren	Booischoot	V2	SEN	AVZK	00:17:40	15.38	03:53
22	274	Sterckx	Mateja	Nijlen	M20	CAD	Teamhappy.be	00:17:41	15.37	03:54
23	344	Tavernier	Joris	Muizen	M21	SEN	AV Lyre-Lierse	00:17:42	15.36	03:54
24	268	Huybrechts	Anna	Putte	V3	SCH	AVZK	00:17:45	15.31	03:55
25	304	Laporte	Sten	Heist o/d Berg	M22	MAS+35	AVZK	00:17:46	15.3	03:55
26	244	De Winter	Murielle	Heist o/d Berg	V4	MAS+50	Berglopers	00:17:47	15.28	03:55
27	310	Rits	Jonas	Hulshout	M23	SCH	AVZK	00:17:49	15.26	03:55
28	302	Lemmens	Steve	Langdorp	M24	MAS+45	AVZK	00:17:55	15.17	03:57
29	348	Van Campenhout	Dave	Schriek	M25	MAS+40	RAM	00:18:24	14.77	04:03
30	374	Van Aelst	Kobe	Heist o/d Berg	M26	SEN	AVZK	00:18:39	14.57	04:07
31	381	Verherstraeten	Nick	Averbode	M27	MAS+35	De Dorpspomp	00:19:11	14.17	04:14
32	285	Delme	Paul		M28	MAS+60		00:19:14	14.13	04:14
33	349	Verbeeck	Jesse	Heist o/d Berg	M29	JUN	AVZK	00:19:21	14.05	04:16
34	326	Henderickx	Sander	Booischoot	M30	JUN	AVZK	00:19:23	14.02	04:16
35	306	Wijns	Pascal	Schriek	M31	SEN	Concap	00:19:30	13.94	04:18
36	295	Vissers	Sven	Eindhout	M32	SCH	ACHL	00:19:32	13.91	04:18
37	279	Van Roie	Steven	Booischoot	M33	MAS+45		00:19:36	13.87	04:19
38	257	Van Noten	Dirk	Booischoot	M34	MAS+55	Berglopers	00:19:40	13.82	04:20
39	357	Strouven	Rudi	Rotselaar	M35	MAS+60	ROBA	00:19:52	13.68	04:23
40	373	Derdin	Simon	Houtvenne	M36	SEN	AVZK	00:20:02	13.57	04:25
41	379	Verborgt	Fjodor	Beerzel	M37	SEN		00:20:03	13.56	04:25
42	269	Huybrechts	Sara	Putte	V5	MIN	AVZK	00:20:10	13.48	04:27
43	360	Ruelens	Peter	Geel	M38	MAS+55	JMT	00:20:20	13.37	04:29
44	336	Raeymaekers	Chantal	Holsbeek	V6	MAS+55	Kapsalon Luc	00:20:24	13.32	04:30
45	368	Helsen	Wim	Beerzel	M39	MAS+50	AVZK	00:20:31	13.25	04:31
46	372	De Cuyper	Tim	Schriek	M40	MAS+40		00:20:36	13.19	04:32
47	287	Jacobs	Luc	Booischoot	M41	MAS+55		00:20:49	13.06	04:35
48	278	Van Roie	Flore	Booischoot	V7	CAD		00:20:53	13.02	04:36
49	796							00:20:54	13	04:36
50	340	Janssens	Sven	Testelt	M42	SEN	ROBA Streerunners	00:20:58	12.96	04:37

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51	255	Van den Broeck	Dorien	Begijnendijk	V8	MAS+35	Berglopers	00:20:59	12.95	04:37
52	303	Wijns	Geert	Schriek	M43	MAS+50	Concap	00:21:03	12.91	04:38
53	375	Sijmus	Willy	Keerbergen	M44	MAS+65		00:21:04	12.9	04:39
54	361	Goyvaerts	Nico	Ramsel	M45	MAS+55		00:21:09	12.85	04:40
55	377	Beynaerts	Dirk	Ramsel	M46	MAS+50		00:21:12	12.82	04:40
56	308	Ooms	Gunter	Koningshooikt	M47	MAS+50		00:21:26	12.68	04:43
57	332	Lambert	Kelly	Nieuwrode	V9	MAS+35	Sportiva Gelrode	00:21:36	12.58	04:46
58	334	Miseur	Manfred	Aarschot	M48	MAS+60	Sportiva Gelrode	00:21:39	12.55	04:46
59	370	Op de Beeck	Werner	Ramsel	M49	MAS+45	Sportiva Gelrode	00:21:40	12.54	04:46
60	350	Schuermans	Jan	Kessel-Lo	M50	MAS+45	Shell Rillaar	00:21:46	12.49	04:48
61	273	Pauwels	Katrien	Booischoot	V10	SEN	Fun2run	00:21:54	12.41	04:50
62	347	Van Dyck	Line		V11	JUN	Heist Swimming Team	00:22:21	12.16	04:56
63	252	Op de Beeck	Stijn	Ramsel	M51	MAS+45	Berglopers	00:22:26	12.12	04:57
64	363	Verheyden	Gunther	Bekkevoort	M52	MAS+45		00:22:28	12.1	04:57
65	267	Dirkx	Desmo	Booischoot	M53	CAD	AVZK	00:22:41	11.98	05:00
66	376	Nolenne	Brent	Schriek	M54	SCH	AVZK	00:22:45	11.95	05:01
67	333	Staquet	Jesse	Aarschot	M55	SCH	Heistse Berglopers	00:22:46	11.94	05:01
68	263	D'Helft	Noah	Heist o/d Berg	M56	MIN	AVZK	00:22:59	11.83	05:04
69	371	Busby	Leo	Booischoot	M57	MAS+65		00:23:12	11.72	05:07
70	324	Zegers	Steven	Booischoot	M58	MAS+35		00:23:20	11.65	05:09
71	365	Delmé	Tom	Ramsel	M59	MAS+40		00:23:24	11.62	05:09
72	337	Bergen	Nicole	Messelbroek	V12	MAS+55	Kapsalon Luc	00:23:26	11.6	05:10
73	339	Croonen	Eddy	Ramsel	M60	MAS+55	Kapsalon Luc	00:23:27	11.59	05:10
74	242	Cleynhens	Karine	Tremelo	V13	MAS+55	Berglopers	00:23:31	11.56	05:11
75	246	Goovaerts	Stella	Ramsel	V14	MAS+45	Berglopers	00:23:32	11.55	05:11
76	272	Neefs	Bert	Gelrode	M61	MAS+55	Sportiva Gelrode	00:23:35	11.53	05:12
77	254	Schepers	Geert	Booischoot	M62	MAS+50	Berglopers	00:23:52	11.39	05:16
78	256	Van Dessel	Daniel	Heist o/d Berg	M63	MAS+60	Berglopers	00:23:53	11.38	05:16
79	305	Laporte	Finn	Heist o/d Berg	M64	MIN	AVZK	00:24:08	11.26	05:19
80	299	Dirkx	Lukas	Booischoot	M65	MIN	AVZK	00:24:13	11.22	05:20
81	264	De Bock	Marie	Heist o/d Berg	V15	CAD	HZA	00:24:25	11.13	05:23
82	343	Goossens	Nina	Langdorp	V16	SEN		00:24:27	11.12	05:23
83	286	Wouters	Tine	Heist o/d Berg	V17	MAS+35		00:24:28	11.11	05:24
84	289	Gullentops	Alex	Heist o/d Berg	M66	MIN	AVZK	00:24:29	11.1	05:24
85	330	Cumps	Chris	Aarschot	M67	MAS+65	BSJ	00:24:35	11.06	05:25
86	355	Nijs	Marc	Herentals	M68	MAS+65		00:24:47	10.97	05:28
87	260	Verschuere	Gerry	Heist o/d Berg	M69	MAS+45	Berglopers	00:24:54	10.92	05:29
88	293	Henderickx	Dries		M70	MIN	AVZK	00:25:13	10.78	05:33
89	284	Nevelsteen	Ans	Engsbergen	V18	MAS+35		00:25:21	10.72	05:35
90	384	Ost	Tatiana	Booischoot	V19	MAS+35		00:25:23	10.71	05:36
91	351	Scheerens	Charlotte	Houtvenne	V20	MAS+35		00:25:25	10.69	05:36
92	378	Van den Eynde	Annelies	Booischoot	V21	SEN		00:25:27	10.68	05:37
93	280	Van Tendeloo	Tanel	Heist o/d Berg	M71	MIN		00:25:35	10.62	05:38
94	266	De Weerd	Els	Tremelo	V22	MAS+40		00:25:39	10.6	05:39
95	323	Vandenbrande	Lynn	Ramsel	V23	SEN		00:25:54	10.49	05:43
96	251	Nagels	Ann	Schriek	V24	MAS+45	Berglopers	00:25:56	10.48	05:43
97	258	Van Opstal	Karel	Ramsel	M72	MAS+75	Berglopers	00:25:59	10.46	05:44
98	288	Van Dyck	Michel	Heist o/d Berg	M73	MAS+55	AVZK	00:26:01	10.45	05:44
99	243	Cumps	Els	Hallaar	V25	MAS+55	Berglopers	00:26:04	10.43	05:45
100	253	Rits	Mario	Hulshout	M74	MAS+45	Berglopers	00:26:07	10.41	05:45

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101	322	Vandenbrande	Wim		M75	MAS+50		00:26:08	10.4	05:46
102	301	Vissers	Bjorn	Eindhout	M76	CAD	ACHL	00:26:15	10.35	05:47
103	297	Van der Heyden	Niels	Heist o/d Berg	M77	MAS+35		00:26:18	10.33	05:48
104	298	Knapen	Stig	Itegem	M78	SEN		00:26:19	10.33	05:48
105	276	Van de Weyer	Ann-Sofie	Booischoot	V26	SEN		00:26:25	10.29	05:49
106	353	De Rijck	Peggy	Betekom	V27	MAS+50		00:26:29	10.26	05:50
107	261	Bosmans	Jos	Heist o/d Berg	M79	MAS+70		00:26:32	10.24	05:51
108	364	Delmé	Noor	Ramsel	V28	PUP	AC Hulshout	00:26:37	10.21	05:52
109	380	Verherstraeten	Raf	Herselt	M80	MAS+60	De Dorpspomp	00:26:42	10.18	05:53
110	382	Vermeulen	Marc	Booischoot	M81	MAS+65		00:26:44	10.17	05:54
111	354	Gijsemans	Michel	Heist op den...	M82	MAS+65	NSB Booischoot	00:27:00	10.07	05:57
112	321	Thomas	Eef	Begijnendijk	V29	MAS+45	AVZK	00:27:17	9.96	06:01
113	270	Kampers	Natascha	Itegem	V30	SEN		00:27:18	9.96	06:01
114	313	Verelst	Wim	Heist o/d Berg	M83	MAS+55	AVZK	00:27:20	9.94	06:02
115	319	Derdin	Jos	Houtvenne	M84	MAS+50	ROBA	00:27:21	9.94	06:02
116	369	Roelants	Myriam	Wezemaal	V31	MAS+60		00:27:37	9.84	06:05
117	358	Peeters	Vic	Betekom	M85	BEN		00:27:41	9.82	06:06
118	294	Goovaerts	Jef	Heist o/d Berg	M86	MAS+70	AVZK	00:28:00	9.71	06:10
119	275	Van de Water	Geert	Putte	V32	MAS+45	AVZK	00:28:02	9.7	06:11
120	296	Buts	Annick	Heist o/d Berg	V33	SEN		00:28:08	9.66	06:12
121	300	Buts	Rani	Itegem	V34	SEN		00:28:10	9.65	06:13
122	359	Peeters	Stijn		M87	MAS+40		00:28:23	9.58	06:15
123	315	Smets	Rene	Heist o/d Berg	M88	MAS+70	AVZK	00:28:25	9.56	06:16
124	245	Gielis	Ellen	Westerlo	V35	MAS+40	Berglopers	00:28:54	9.4	06:22
125	329	Van Lier	Stefan	Tremelo	M89	MAS+65		00:28:55	9.4	06:23
126	290	Stepman	Alain		M90	MAS+60		00:29:37	9.18	06:32
127	248	Heremans	Miet	Heist o/d Berg	V36	MAS+45	Berglopers	00:29:45	9.14	06:34
128	250	Mattheus	Glenn	Booischoot	M91	SEN	Berglopers	00:30:13	9	06:40
129	271	Mondelaers	Katrien	Begijnendijk	V37	MAS+45	AVZK	00:30:29	8.92	06:43
130	352	Vandenbosch	Viki	Betekom	V38	MAS+45		00:30:30	8.91	06:43
131	259	Verschueren	Anne	Booischoot	V39	MAS+55	Berglopers	00:30:36	8.88	06:45
132	367	Bertels	Hanne		V40	SEN		00:30:38	8.87	06:45
133	366	Jacobs	Els		V41	MAS+50		00:30:39	8.87	06:45
134	292	Henderickx	Lien	Booischoot	V42	CAD	AVZK	00:30:48	8.82	06:47
135	316	De Valck	Anke		V43	CAD	AVZK	00:30:50	8.82	06:48
136	386	Huybrechts	Jana	Heist o/d Berg	V44	BEN		00:31:07	8.73	06:52
137	385	Giron	Leen	Heist o/d Berg	V45	MAS+35		00:31:09	8.73	06:52
138	318	Janssens	Shifra		V46	CAD	AVZK	00:31:34	8.61	06:58
139	317	Janssens	Febe	Heist o/d Berg	V47	CAD	AVZK	00:31:35	8.61	06:58
140	338	Daems	Sonja	Begijnendijk	V48	MAS+60		00:32:26	8.38	07:09
141	314	Verhaegen	Sandra		V49	MAS+50	AVZK	00:34:21	7.91	07:34
142	283	Nevelsteen	Staf	Booischoot	M92	MAS+65	AVZK	00:34:22	7.91	07:35
143	249	Holscher	Anita	Rumst	V50	MAS+60	Berglopers	00:43:03	6.31	09:30
144	247	Hendrickx	Arlette	Hallaar	V51	MAS+65	Berglopers	00:43:05	6.31	09:30