

| Rang | Nr | Achternaam | Voornaam | Woonplaats | M/V | Categorie | Club | Tijd | km/u | min/km |
|------|-----|------------------|-----------|----------------|-----|-----------|-------------------------|----------|-------|--------|
| 1 | 456 | Valgaeren | Sam | Herselt | M1 | SEN | AC Hulshout | 00:15:55 | 19.6 | 03:03 |
| 2 | 446 | Van Leuffelen | Jelle | Oevel | M2 | SEN | AC Westerlo | 00:16:23 | 19.04 | 03:09 |
| 3 | 444 | Verherstraeten | Rick | Herselt | M3 | SEN | De Dorpspomp | 00:16:54 | 18.46 | 03:15 |
| 4 | 455 | Philips | Siebe | Herselt | M4 | SEN | HULS | 00:17:15 | 18.09 | 03:19 |
| 5 | 56 | Vanden Bosch | Bart | Holsbeek | M5 | SEN | Kapsalon | 00:17:59 | 17.35 | 03:27 |
| 6 | 424 | Van De Gaer | Wesley | Averbode | M6 | MAS+40 | Boothyvision | 00:18:09 | 17.19 | 03:29 |
| 7 | 486 | De Roover | Benny | Begijnendijk | M7 | MAS+55 | ROBA / Resistance St... | 00:18:21 | 17 | 03:31 |
| 8 | 500 | Speltinckx | Kristof | Messelbroek | M8 | MAS+45 | ROBA - Resistance st... | 00:18:47 | 16.61 | 03:36 |
| 9 | 58 | Spiessens | Vic | Ramsel | M9 | SEN | K Ramsel FC | 00:18:50 | 16.57 | 03:37 |
| 10 | 495 | Cammaerts | Gillian | Herselt | M10 | MAS+35 | De Dorpspomp | 00:18:51 | 16.55 | 03:37 |
| 11 | 37 | De Backer | Wannes | Herselt | M11 | JUN | AC Westerlo | 00:18:52 | 16.54 | 03:37 |
| 12 | 438 | Wouters | Robin | Ramsel | M12 | MAS+35 | | 00:18:53 | 16.52 | 03:37 |
| 13 | 24 | Van Wolputte | Luc | Westerlo | M13 | MAS+55 | AC Westerlo | 00:19:01 | 16.41 | 03:39 |
| 14 | 51 | Van Doren | Nick | Aarschot | M14 | SEN | | 00:19:12 | 16.25 | 03:41 |
| 15 | 498 | Van der Sande | Giel | Ramsel | M15 | SEN | De Dorpspomp | 00:19:16 | 16.19 | 03:42 |
| 16 | 18 | Van Vlasselaer | Benny | Schriek | M16 | MAS+55 | ROBA | 00:19:26 | 16.05 | 03:44 |
| 17 | 445 | Van Leuffelen | Jan | Oevel | M17 | MAS+55 | AC Westerlo | 00:19:30 | 16 | 03:45 |
| 18 | 394 | Croonenborghs | Jens | Westerlo | M18 | SEN | | 00:19:41 | 15.85 | 03:47 |
| 19 | 30 | Verbist | Wouter | Begijnendijk | M19 | MAS+50 | ROBA | 00:19:45 | 15.8 | 03:47 |
| 20 | 468 | Korthout | Tim | Geel | M20 | MAS+35 | | 00:20:02 | 15.57 | 03:51 |
| 21 | 423 | Van Cauwenberghe | Peter | Averbode | M21 | MAS+35 | Runergy | 00:20:04 | 15.55 | 03:51 |
| 22 | 42 | Van den Broeck | Joost | Tielen | M22 | MAS+35 | | 00:20:06 | 15.52 | 03:51 |
| 23 | 36 | Winckelmans | Tim | Heist o/d Berg | M23 | MAS+35 | Berglopers | 00:20:10 | 15.47 | 03:52 |
| 24 | 474 | Vermeulen | Maarten | Westerlo | M24 | SEN | AC Westerlo | 00:20:19 | 15.36 | 03:54 |
| 25 | 13 | De Winter | Murielle | Heist o/d Berg | V1 | MAS+50 | Berglopers | 00:20:21 | 15.33 | 03:54 |
| 26 | 453 | Geuens | Stefan | Herselt | M25 | MAS+40 | JMT Mol | 00:20:31 | 15.21 | 03:56 |
| 27 | 389 | Bos | Siebe | Herselt | M26 | CAD | ACHL | 00:20:32 | 15.19 | 03:56 |
| 28 | 52 | Clemens | Lars | Aarschot | M27 | SEN | | 00:20:34 | 15.17 | 03:57 |
| 29 | 459 | Sterckx | Meteja | Nijlen | M28 | CAD | Team Happy.be | 00:20:42 | 15.07 | 03:58 |
| 30 | 449 | Lemmens | Steve | Langdorp | M29 | MAS+45 | AVZK | 00:20:46 | 15.02 | 03:59 |
| 31 | 45 | Stijnen | Katrien | Herselt | V2 | MAS+45 | AC Westerlo | 00:21:00 | 14.86 | 04:02 |
| 32 | 64 | Derdin | Jos | Houtvenne | M30 | MAS+50 | ROBA | 00:21:14 | 14.69 | 04:05 |
| 33 | 441 | Chody | Christian | Turnhout | M31 | MAS+50 | AVOS | 00:21:22 | 14.6 | 04:06 |
| 34 | 469 | Strouven | Rudi | Rotselaar | M32 | MAS+60 | ROBA | 00:21:40 | 14.4 | 04:10 |
| 35 | 35 | Van Eynde | Kaat | Herselt | V3 | SEN | AC Hulshout | 00:21:44 | 14.36 | 04:10 |
| 36 | 21 | Gielis | Kamiel | Westerlo | M33 | MIN | KFC Heultje | 00:21:55 | 14.24 | 04:12 |
| 37 | 61 | Sterckx | Peter | Ramsel | M34 | MAS+35 | | 00:22:04 | 14.14 | 04:14 |
| 38 | 68 | Raeymaekers | Lander | Herselt | M35 | MIN | | 00:22:11 | 14.06 | 04:15 |
| 39 | 442 | Corten | Jimmy | Herselt | M36 | MAS+40 | | 00:22:12 | 14.05 | 04:16 |
| 40 | 481 | Jochums | Raf | Veerle | M37 | MAS+35 | Looise Recreanten | 00:22:14 | 14.03 | 04:16 |
| 41 | 22 | Corten | Rob | Laakdal | M38 | MAS+40 | | 00:22:16 | 14.01 | 04:16 |
| 42 | 451 | Korthout | Nils | Tessengerlo | M39 | SEN | | 00:22:19 | 13.98 | 04:17 |
| 43 | 54 | Verhaegen | Jari | Scherpenheuvel | M40 | SEN | | 00:22:29 | 13.88 | 04:19 |
| 44 | 19 | Raeymaekers | Ronald | Hulshout | M41 | MAS+50 | AC Hulshout | 00:22:33 | 13.84 | 04:20 |
| 45 | 458 | Verherstraeten | Nick | Averbode | M42 | MAS+35 | De Dorpspomp | 00:22:39 | 13.77 | 04:21 |
| 46 | 450 | Torfs | Benny | Itegem | M43 | MAS+50 | Berglopers | 00:22:45 | 13.71 | 04:22 |
| 47 | 29 | Vermeulen | Eddy | Westerlo | M44 | MAS+65 | KWB Bergom | 00:22:50 | 13.66 | 04:23 |
| 48 | 434 | Vereycken | Bruce | Houtvenne | M45 | MAS+40 | | 00:22:52 | 13.64 | 04:23 |
| 49 | 16 | Coolkens | Toon | Herselt | M46 | SEN | | 00:23:04 | 13.53 | 04:26 |
| 50 | 72 | Janssens | Cedric | Langdorp | M47 | SEN | KPS | 00:23:10 | 13.47 | 04:27 |

| Rang | Nr | Achternaam | Voornaam | Woonplaats | M/V | Categorie | Club | Tijd | km/u | min/km |
|------|-----|----------------|----------|----------------|-----|-----------|----------------------|----------|-------|--------|
| 51 | 492 | Tubbax | Tim | Herselt | M48 | MAS+40 | NVA Herselt | 00:23:29 | 13.29 | 04:30 |
| 52 | 55 | Fonteyn | Dimitri | Laakdal | M49 | SEN | | 00:23:30 | 13.28 | 04:31 |
| 53 | 496 | Peynenborg | Luc | Ramsel | M50 | MAS+50 | | 00:23:31 | 13.27 | 04:31 |
| 54 | 411 | Maes | Jarne | Herselt | M51 | MIN | | 00:23:33 | 13.25 | 04:31 |
| 55 | 416 | Peynenborg | Rune | Ramsel | M52 | CAD | | 00:23:33 | 13.25 | 04:31 |
| 56 | 485 | Herman | Frederik | Herselt | M53 | MAS+45 | | 00:23:34 | 13.24 | 04:31 |
| 57 | 412 | Maes | Tom | Herselt | M54 | CAD | | 00:23:36 | 13.22 | 04:32 |
| 58 | 43 | De Cuyper | Tim | Schriek | M55 | MAS+40 | | 00:23:37 | 13.21 | 04:32 |
| 59 | 73 | Maes | Giel | Aarschot | M56 | SEN | KAA Petekkes | 00:23:39 | 13.19 | 04:32 |
| 60 | 53 | Janssens | Sven | Testelt | M57 | SEN | ROBA Streerunners | 00:23:40 | 13.18 | 04:33 |
| 61 | 493 | Vandyck | Dirk | Herselt | M58 | MAS+60 | | 00:23:42 | 13.16 | 04:33 |
| 62 | 6 | Van Peteghem | Mark | Antwerpen | M59 | MAS+40 | | 00:23:43 | 13.16 | 04:33 |
| 63 | 57 | Vanden Bosch | Rudy | Holsbeek | M60 | MAS+55 | Kapsalon Luc | 00:23:44 | 13.15 | 04:33 |
| 64 | 437 | Wilmaers | Kelly | Tielt-Winge | V4 | MAS+35 | | 00:23:45 | 13.14 | 04:34 |
| 65 | 12 | Smets | Jean | Heist o/d Berg | M61 | MAS+50 | Berglopers | 00:23:47 | 13.12 | 04:34 |
| 66 | 69 | Van Roosbroeck | Seth | Meerhout | M62 | SCH | | 00:23:50 | 13.09 | 04:35 |
| 67 | 63 | Laeremans | Tom | Herselt | M63 | MAS+45 | | 00:23:51 | 13.08 | 04:35 |
| 68 | 476 | Geerts | Femke | Herselt | V5 | CAD | ACHL | 00:23:59 | 13.01 | 04:36 |
| 69 | 478 | Lieckens | Jarne | Westerlo | M64 | MIN | AVLL | 00:24:22 | 12.8 | 04:41 |
| 70 | 452 | Van Bael | Laurenz | Westerlo | M65 | SEN | Dorpspomp | 00:24:25 | 12.78 | 04:41 |
| 71 | 477 | Claes | An | Westerlo | V6 | MAS+40 | AVLL | 00:24:26 | 12.77 | 04:41 |
| 72 | 433 | Beynaerts | Dirk | Ramsel | M66 | MAS+50 | | 00:24:31 | 12.73 | 04:42 |
| 73 | 388 | Bastiaens | Nancy | Hulshout | V7 | MAS+40 | Berglopers | 00:24:44 | 12.61 | 04:45 |
| 74 | 482 | De Vries | Rita | Schriek | V8 | MAS+65 | ROBA | 00:24:45 | 12.61 | 04:45 |
| 75 | 410 | Luyts | Emiel | Winksele | M67 | MAS+60 | Kapsalon Luc | 00:24:46 | 12.6 | 04:45 |
| 76 | 65 | Goris | Michiel | Booischot | M68 | CAD | | 00:24:52 | 12.55 | 04:46 |
| 77 | 62 | Claes | Karen | Wezemaal | V9 | MAS+35 | Roba | 00:24:54 | 12.53 | 04:47 |
| 78 | 66 | Weyns | Leo | Heist o/d Berg | M69 | MAS+70 | | 00:24:58 | 12.5 | 04:48 |
| 79 | 460 | Kusseneers | Luc | Rumst | M70 | MAS+65 | Berglopers | 00:25:03 | 12.46 | 04:49 |
| 80 | 44 | Goyvaerts | Nico | Ramsel | M71 | MAS+55 | | 00:25:30 | 12.24 | 04:54 |
| 81 | 497 | Peeters | Gustaaf | Testelt | M72 | MAS+55 | Oeverlopers Knoet | 00:25:46 | 12.11 | 04:57 |
| 82 | 430 | Van Uythem | Rube | Houtvenne | M73 | SCH | | 00:25:54 | 12.05 | 04:58 |
| 83 | 38 | Delen | Kristof | Herselt | M74 | SEN | | 00:25:57 | 12.02 | 04:59 |
| 84 | 49 | Geudens | Katrien | Ramsel | V10 | MAS+50 | Ramselse routelopers | 00:26:00 | 12 | 05:00 |
| 85 | 393 | Coremans | Cyriel | Aarschot | M75 | MAS+75 | ROBA | 00:26:04 | 11.97 | 05:00 |
| 86 | 425 | Van den Putte | Tom | Wiekevorst | M76 | MAS+40 | Team Panda | 00:26:10 | 11.92 | 05:01 |
| 87 | 9 | Verhaegen | Katrien | Begijnendijk | V11 | MAS+45 | Sportiva Gelrode | 00:26:17 | 11.87 | 05:03 |
| 88 | 8 | Peeters | Jimmy | Begijnendijk | M77 | MAS+40 | Sportiva Gelrode | 00:26:19 | 11.86 | 05:03 |
| 89 | 499 | Feyen | Jasper | Herselt | M78 | MIN | | 00:26:21 | 11.84 | 05:04 |
| 90 | 70 | Van Roosbroeck | Hans | Meerhout | M79 | MAS+50 | | 00:26:22 | 11.83 | 05:04 |
| 91 | 34 | Keymeulen | Victor | Herselt | M80 | MIN | | 00:26:26 | 11.8 | 05:05 |
| 92 | 390 | Busby | Leo | Booischot | M81 | MAS+65 | | 00:26:28 | 11.79 | 05:05 |
| 93 | 7 | Celen | Coleta | Herselt | V12 | SEN | | 00:26:30 | 11.77 | 05:05 |
| 94 | 26 | Buyle | Elke | Laakdal | V13 | MAS+40 | Looise AV | 00:26:34 | 11.74 | 05:06 |
| 95 | 33 | Van Vlasselaer | Erik | Putte | M82 | MAS+50 | Geshaalopers | 00:26:38 | 11.71 | 05:07 |
| 96 | 432 | Vangenechten | Marie | Westerlo | V14 | SEN | Bolleboos Westerlo | 00:26:42 | 11.69 | 05:08 |
| 97 | 463 | Dox | Sybe | Herselt | M83 | CAD | | 00:26:43 | 11.68 | 05:08 |
| 98 | 2 | Theys | Tristan | Molenstede | M84 | BEN | | 00:26:44 | 11.67 | 05:08 |
| 99 | 4 | Theys | Quinten | Molenstede | M85 | PUP | | 00:26:49 | 11.63 | 05:09 |
| 100 | 1 | Theys | Bart | Molenstede | M86 | MAS+40 | | 00:26:50 | 11.63 | 05:09 |

| Rang | Nr | Achternaam | Voornaam | Woonplaats | M/V | Categorie | Club | Tijd | km/u | min/km |
|------|-----|------------------|-----------|----------------|------|-----------|------------------|----------|-------|--------|
| 101 | 475 | Cumps | Sofie | Langdorp | V15 | MAS+40 | | 00:26:53 | 11.61 | 05:10 |
| 102 | 454 | Heylighen | Freddy | Begijnendijk | M87 | MAS+60 | | 00:26:55 | 11.59 | 05:10 |
| 103 | 401 | Eeckhout | Ward | Herselt | M88 | CAD | | 00:26:57 | 11.58 | 05:10 |
| 104 | 395 | Custers | An | Nieuwrode | V16 | MAS+45 | Sportiva Gelrode | 00:27:10 | 11.48 | 05:13 |
| 105 | 415 | Op de Beeck | Werner | Ramsel | M89 | MAS+45 | Sportiva Gelrode | 00:27:11 | 11.48 | 05:13 |
| 106 | 409 | Luyten | Karen | Langdorp | V17 | SEN | | 00:27:13 | 11.46 | 05:14 |
| 107 | 448 | Korthout | Ronny | Herselt | M90 | MAS+60 | | 00:27:26 | 11.37 | 05:16 |
| 108 | 32 | Verbist | Gitte | Begijnendijk | V18 | SCH | ROBA | 00:27:28 | 11.36 | 05:16 |
| 109 | 420 | Simons | Jan | Schoten | M91 | MAS+60 | AA | 00:27:32 | 11.33 | 05:17 |
| 110 | 483 | Groenen | Mats | Ramsel | M92 | PUP | | 00:27:37 | 11.3 | 05:18 |
| 111 | 494 | Cammaerts | Finn | Herselt | M93 | PUP | | 00:27:41 | 11.27 | 05:19 |
| 112 | 466 | Vreysen | Kasper | Herselt | M94 | MIN | | 00:27:42 | 11.26 | 05:19 |
| 113 | 443 | Verhard | Nio | Morkhoven | M95 | PUP | De Dorpspomp | 00:27:44 | 11.25 | 05:20 |
| 114 | 405 | Guldolf | Toon | Aarschot | M96 | SEN | | 00:27:48 | 11.22 | 05:20 |
| 115 | 399 | Delmé | Tom | Ramsel | M97 | MAS+40 | | 00:27:49 | 11.22 | 05:20 |
| 116 | 426 | Van der Schoepen | Katrijn | Tessengerlo | V19 | SEN | Looise AV | 00:28:06 | 11.1 | 05:24 |
| 117 | 5 | Verelst | Anik | Westerlo | V20 | MAS+40 | | 00:28:09 | 11.08 | 05:24 |
| 118 | 488 | Croonen | Eddy | Ramsel | M98 | MAS+55 | Kapsalon Luc | 00:28:16 | 11.04 | 05:26 |
| 119 | 402 | Eeckhout | Warre | Herselt | M99 | CAD | | 00:28:20 | 11.01 | 05:26 |
| 120 | 400 | Eeckhout | Jef | Herselt | M100 | MAS+40 | | 00:28:21 | 11.01 | 05:27 |
| 121 | 487 | Van Thienen | Jietse | Herselt | M101 | SEN | | 00:28:22 | 11 | 05:27 |
| 122 | 471 | Schauwaers | Kirsten | Westerlo | V21 | MAS+40 | | 00:28:24 | 10.99 | 05:27 |
| 123 | 23 | Pelckmans | Dimitri | Herselt | M102 | MAS+50 | | 00:28:29 | 10.95 | 05:28 |
| 124 | 11 | Verschueren | Gerry | Heist o/d Berg | M103 | MAS+45 | Berglopers | 00:28:43 | 10.86 | 05:31 |
| 125 | 464 | Cumps | Chris | Aarschot | M104 | MAS+65 | BSJ | 00:28:47 | 10.84 | 05:32 |
| 126 | 40 | Nijs | Marc | Herentals | M105 | MAS+65 | | 00:28:58 | 10.77 | 05:34 |
| 127 | 47 | Van de Velde | Sander | Ramsel | M106 | SEN | | 00:29:04 | 10.73 | 05:35 |
| 128 | 467 | Van Genechten | Joke | Herselt | V22 | MAS+45 | WVR | 00:29:25 | 10.61 | 05:39 |
| 129 | 484 | Groenen | Ferre | Ramsel | M107 | MIN | | 00:29:27 | 10.59 | 05:39 |
| 130 | 71 | De Groof | Stijn | Herselt | M108 | SEN | DGB running team | 00:29:27 | 10.59 | 05:39 |
| 131 | 447 | Potemans | Roger | Gelrode | M109 | MAS+65 | Sportiva Gelrode | 00:29:54 | 10.43 | 05:45 |
| 132 | 439 | Vermeulen | Zita | Hechtel-Eksel | V23 | MIN | HEAK | 00:29:56 | 10.42 | 05:45 |
| 133 | 457 | Vanhaesebrouck | Felix | Herselt | M110 | MIN | | 00:29:57 | 10.42 | 05:45 |
| 134 | 50 | Vermeulen | Charlotte | Ramsel | V24 | SEN | | 00:29:58 | 10.41 | 05:45 |
| 135 | 48 | Nijs | Matthias | Ramsel | M111 | SEN | | 00:30:00 | 10.4 | 05:46 |
| 136 | 60 | Nicasy | Gijs | Zemst | M112 | MAS+40 | NWRC | 00:30:01 | 10.39 | 05:46 |
| 137 | 440 | Vermeulen | Axl | Eksel | M113 | PUP | HEAK | 00:30:02 | 10.39 | 05:46 |
| 138 | 67 | Philippens | Bernard | Geel | M114 | MAS+40 | | 00:30:03 | 10.38 | 05:46 |
| 139 | 392 | Cleynhens | Karine | Tremelo | V25 | MAS+55 | Berglopers | 00:30:11 | 10.34 | 05:48 |
| 140 | 14 | Bergen | Nicole | Messelbroek | V26 | MAS+55 | Kapsalon Luc | 00:30:13 | 10.33 | 05:48 |
| 141 | 59 | Nagels | Ann | Schriek | V27 | MAS+45 | Berglopers | 00:30:22 | 10.27 | 05:50 |
| 142 | 470 | Verherstraeten | Raf | Herselt | M115 | MAS+60 | De Dorpspomp | 00:30:31 | 10.22 | 05:52 |
| 143 | 46 | Van Calster | Chinouk | Ramsel | V28 | SEN | | 00:30:41 | 10.17 | 05:54 |
| 144 | 31 | Aerts | Natacha | Begijnendijk | V29 | MAS+50 | | 00:30:50 | 10.12 | 05:55 |
| 145 | 20 | Beunen | Leen | Westerlo | V30 | MAS+40 | | 00:30:59 | 10.07 | 05:57 |
| 146 | 436 | Verlinden | Klara | Herselt | V31 | MAS+40 | | 00:31:03 | 10.05 | 05:58 |
| 147 | 422 | Theuwen | Sandy | Houtvenne | V32 | MAS+40 | | 00:31:21 | 9.95 | 06:01 |
| 148 | 403 | Geudens | Dina | Herselt | V33 | JUN | Zwemclub delfino | 00:31:26 | 9.93 | 06:02 |
| 149 | 10 | Van Orshaegen | Nicole | Olen | V34 | MAS+60 | Berglopers | 00:31:27 | 9.92 | 06:02 |
| 150 | 15 | Roziers | Carl | Olen | M116 | MAS+60 | | 00:31:32 | 9.89 | 06:03 |

| Rang | Nr | Achternaam | Voornaam | Woonplaats | M/V | Categorie | Club | Tijd | km/u | min/km |
|------|-----|---------------|-----------|-----------------|------|-----------|-----------------|----------|------|--------|
| 151 | 419 | Scheers | Guido | Tremelo | M117 | MAS+65 | ROBA Recreanten | 00:32:04 | 9.73 | 06:10 |
| 152 | 480 | Cras | Charlotte | Veerle | V35 | SEN | | 00:32:06 | 9.72 | 06:10 |
| 153 | 39 | Roelants | Myriam | Wezemaal | V36 | MAS+60 | | 00:32:07 | 9.71 | 06:10 |
| 154 | 398 | Delmé | Noor | Ramsel | V37 | PUP | AC Hulshout | 00:32:08 | 9.71 | 06:10 |
| 155 | 489 | Vandenbergh | Liesbeth | Langdorp | V38 | MAS+45 | | 00:32:31 | 9.6 | 06:15 |
| 156 | 490 | Van Rompay | Liesbeth | Herselt | V39 | MAS+40 | | 00:32:32 | 9.59 | 06:15 |
| 157 | 404 | Guldolf | Dries | Aarschot | M118 | SEN | | 00:32:46 | 9.52 | 06:18 |
| 158 | 27 | Gijsemans | Michel | Heist op den... | M119 | MAS+65 | Dorpspomp | 00:32:54 | 9.48 | 06:19 |
| 159 | 465 | Vandyck | Noor | Ramsel | V40 | SCH | | 00:33:00 | 9.45 | 06:20 |
| 160 | 408 | Jaspers | Drina | Aarschot | V41 | MAS+60 | | 00:33:01 | 9.45 | 06:20 |
| 161 | 17 | Van Ouytsel | Lowie | Herselt | M120 | MIN | | 00:33:08 | 9.42 | 06:22 |
| 162 | 461 | Holscher | Anita | Rumst | V42 | MAS+60 | Berglopers | 00:33:32 | 9.3 | 06:26 |
| 163 | 414 | Meeus | Saraha | Herselt | V43 | SEN | | 00:34:01 | 9.17 | 06:32 |
| 164 | 427 | Van der Veken | Evelien | Herselt | V44 | SEN | | 00:34:02 | 9.17 | 06:32 |
| 165 | 491 | Raymaekers | Ines | Herentals | V45 | MAS+35 | | 00:34:04 | 9.16 | 06:33 |
| 166 | 41 | Mellaerts | Kirsten | Zichem | V46 | MAS+35 | | 00:34:05 | 9.15 | 06:33 |
| 167 | 3 | Gielis | Ellen | Westerlo | V47 | MAS+40 | Berglopers | 00:35:46 | 8.72 | 06:52 |
| 168 | 462 | De Haes | Marissa | Westerlo | V48 | SEN | | 00:36:02 | 8.66 | 06:55 |
| 169 | 25 | Van Winkel | Karine | Herselt | V49 | MAS+55 | | 00:36:04 | 8.65 | 06:56 |
| 170 | 28 | Willems | Mieke | Westerlo | V50 | SEN | | 00:36:05 | 8.65 | 06:56 |
| 171 | 472 | Jans | Lisette | Westerlo | V51 | MAS+75 | Tongerlopers | 00:40:52 | 7.63 | 07:51 |
| 172 | 473 | Biesmans | Lisette | Ham | V52 | MAS+75 | | 00:41:03 | 7.6 | 07:53 |
| 173 | 407 | Heylen | Christine | Herselt | V53 | MAS+55 | N-VA | 00:43:01 | 7.25 | 08:16 |